## Share The Carrot

拍数： 136
壇数： 4
级数：Phrased Advanced
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音乐：Runaway Baby－Bruno Mars ：（iTunes）

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Phrasing：\(\square \mathrm{A}, \mathrm{B}, \mathrm{A}, \mathrm{B}, \mathrm{A}\) Restart，B
Intro：\(\square 16\) counts from main beat（app． 6 seconds into track）（ \(2+2\) wall dance）
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A SECTION－ 64 counts
A $[1-8] \square$ Rocking chair，Step $1 / 4 \mathrm{~L} \times 2 \square$
1－4 Rock $R$ fw，recover onto $L$ ，rock $R$ back，recover onto $L \square 12: 00$
5－6 Step R fw，turn $1 / 4$ L stepping onto LD09：00
7－8 Step R fw，turn $1 / 4 \mathrm{~L}$ stepping onto $\mathrm{L} \square 06: 00$
A［9－16］$\square$ Jazz box cross，Kick ball cross，Step slide $\square$
1－4 Cross $R$ over $L$ ，step $L$ back，step $R$ to $R$ side，cross $L$ over $R \square 06: 00$
5\＆6 Kick $R$ fw diagonally $R$ ，step $R$ next to $L$ ，cross $L$ over $R \square 06: 00$
7－8 Step $R$ big step $R$ ，slide $L$ towards $R \square 06: 00$
A［17－24］$\square$ Ball jazz box $1 / 4$ R，Kick $\times 2$ ，Behind side cross $\square$

| \＆1－4 | Step $L$ next to $R$ ，cross $R$ over $L$ ，step $L$ back，turn $1 / 4 R$ stepping $R$ to $R$ side，cross $L$ over |
| :--- | :--- |
|  | $R \square 09: 00$ |
| $5-6$ | Kick $R$ fw diagonally $R$ ，repeat $\square 09: 00$ |
| $7 \& 8$ | Cross $R$ behind $L$ ，step $L$ to $L$ side，cross $R$ over $L \square 09: 00$ |

A［25－32］$\square$ Kick x2，Behind side cross，Out out，hold，Hip bump x2■
1－2 Kick L fw diagonally $L$ ，repeat $\square 09: 00$
3\＆4 Cross $L$ behind $R$ ，step $R$ to $R$ side，cross $L$ over $R \square 09: 00$
\＆5－6 Step $R$ to $R$ side，step $L$ to $L$ side，hold $\square 09: 00$
7－8 Bump hips R，bump hips L■09：00
A［33－40］$\square$ Ball cross rock，Sweep，Sailor $1 / 2 \mathrm{~L}$ ，Figure 4 full turn RD
\＆1 Step $R$ next to $L$ ，cross rock $L$ over $R \square 09: 00$
2－3 Recover onto $R$ sweeping L CCW $\square 09: 00$
4\＆5 Cross $L$ behind $R$ ，turn $1 / 4 L$ stepping $R$ to $R$ side，turn $1 / 4 L$ crossing $L$ slightly in front of R $\square 03: 00$
6－8 Turn full turn $R$ on your $L$ foot while placing $R$ foot next to $L$ knee $\square 03: 00$
A［41－48］$\square$ Pony step back $x 4 \square$
1\＆2 Step $R$ slightly back，step $L$ next to $R$ ，step $R$ slightly back $\square 03: 00$
3\＆4 Step $L$ slightly back，step $R$ next to $L$ ，step $L$ slightly back $\square$ 03：00
5\＆6 Step $R$ slightly back，step $L$ next to $R$ ，step $R$ slightly back $\square 03: 00$
7\＆8 Step L slightly back，step $R$ next to $L$ ，step $L$ slightly back
Restart here during 3rd $A$ pattern，going straight into $B$ pattern $\square 03: 00$
A［49－56］DOut out，Twist x2，Swivel x2，Twist x2，hold $\square$
\＆1 Step $R$ to $R$ side，step $L$ to $L$ side $\square 03: 00$
2－3 Swivel both heels to $R$ side，swivel both toes to $R$ side $\square 03: 00$
4－5 Swivel $R$ toes to $L$ side，swivel $R$ heel to $L$ side $\square 03: 00$
6－8 Swivel both toes to $L$ side，swivel both heels to $L$ side，hold $\square 03: 00$
A［57－64］$\square$ Out out in in $\times 2$ ，Rocking chair $\square$

## B SECTION (section starts facing 03:00) 72 counts <br> B[1-8] $\square$ Shuffle, Chasse box $1 / 2$ R $\square$

1\&2 Step $R$ fw, step $L$ next to $R$, step $R$ small step fw $\square 03: 00$
3\&4 Step $L$ to $L$ side, step $R$ next to $L$, step $L$ to $L$ side $\square 03: 00$
5\&6 Turn $1 / 4 R$ stepping $R$ to $R$ side, step $L$ next to $R$, step $R$ to $R$ side $\square 06: 00$
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Turn $1 / 4$ stepping $L$ to $L$ side, step $R$ next to $L$, step $L$ to $L$ side (body angled toward 07:30) $\square 09: 00$

## $\mathrm{B}[9-16] \square$ Back rock, Kick ball slide, Walk walk $\square$

1-2 Rock $R$ back (in your diagonal), recover onto L $\square 10: 30$
3\&4 Kick R fw, step down on R, step L a big step fw $\square 10: 30$
5-6 Slide R toward LD10:30
7-8 Walk R, walk L $\square$ 10:30
$B[17-24] \square$ Cross swing kicks, Sailor $\times 2 \square$
1-2 Keeping $R$ leg bent at knee swing $R$ in front of $L$ (knee pointing $L$ ), swing $R$ to $R$ side (knee pointing R) $\square 10: 30$
3-4 Swing $R$ in front of $L$ (knee pointing $L$ ), kick $R$ to $R$ side $\square$ 10:30
5\&6 Cross $R$ behind $L$, step $L$ to $L$ side, step $R$ to $R$ side $\square$ 10:30
7\&8 Cross $L$ behind $R$, step $R$ to $R$ side, step $L$ to $L$ side slightly fw (squaring up to 09:00) $\square 09: 00$

## $\mathrm{B}[25-32] \square$ Vine slide, Ball cross shuffle,

1-2 Cross $R$ behind $L$, step $L$ to $L$ side $\square 09: 00$
3-4 Cross $R$ over $L$, step $L$ big step to $L$ side $\square 09: 00$
5-6 Slide $R$ toward $L \square 09: 00$
\&7\&8 Step $R$ next to $L$, cross $L$ over $R$, step $R$ small step to $R$ side, cross $L$ over $R \square 09: 00$

## $B[33-40] \square B o x 3 / 4 \mathrm{~L}$, Rock step $1 / 4 \mathrm{R}$ point $\square$

1-2 Step $R$ to $R$ side pushing $R$ hip slightly out, turn $1 / 4 L$ stepping $L$ to $L$ side pushing $L$ hip slightly out $\square 06: 00$
3-4 Turn $1 / 4 L$ stepping $R$ to $R$ side pushing $R$ hip slightly out, turn $1 / 4 L$ stepping $L$ to $L$ side pushing $L$ hip slightly out $\square 12: 00$
5-6 Rock $R$ fw, recover onto $L \square$ 12:00
7-8 Turn $1 / 4 R$ stepping $R$ to $R$ side, point $L$ to $L$ side prepping body toward $R \square 03: 00$

## B[41-48] $\square$ Rolling Vine $\times 2 \square$

1-2 Turn $1 / 4 L$ stepping down on $L$, turn $1 / 2 L$ stepping $R$ back $\square 06: 00$
3-4 Turn $1 / 4 L$ stepping $L$ to $L$ side, point $R$ to $R$ side prepping body toward $L \square 03: 00$
5-6 Turn $1 / 4 R$ stepping down on $R$, turn $1 / 2 R$ stepping $L$ back $\square 12: 00$
7-8 $\quad$ Turn $1 / 4 R$ stepping $R$ to $R$ side, scuff $L$ fw $\square 03: 00$
B[49-56] $\square$ Jazzboxx cross, Out hold, Elvis knees $\square$
1-2 Cross $L$ over $R$, step $R$ back $\square 03: 00$
3-4 Step $L$ to $L$ side, cross $R$ over L $\square 03: 00$
5-6 Step L out, hold $\square 03: 00$
7-8 Pop $R$ knee in, return $R$ knee while popping $L$ knee in $\square 03: 00$
$B[57-64] \square 1 / 4$ L kick, Back rock, Rock step, Heel switches $\square$
1-2 Turn $1 / 4 L$ on both feet (weight $R$ ), kick $L$ fw $\square 12: 00$
3\&4 Rock L back (3), recover onto R (\&), hold (4) $\square 12: 00$
5-6 Rock L fw, recover onto R 12:00
$B[65-72] \square$ Step $1 / 4$ L, Cross, Point, Cross point, Side point, Sailor $1 / 4$ L heel $\square$
1-2 Step R fw, turn $1 / 4 \mathrm{~L}$ stepping onto $\mathrm{L} \square 09: 00$
3\&4 Cross $R$ over $L$ (3), point $L$ to $L$ side (\&), hold (4) $\square 09: 00$
5-6 Point $L$ over $R$, point $L$ to $L$ side $\square 09: 00$
7\&8\& Cross $L$ behind $R$, turn $1 / 4 L$ stepping $R$ small step to $R$ side, put $L$ heel fw, step $L$ next to R■06:00

## Good luck \& enjoy!

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