

On The Right Track

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Vivienne Scott (CAN) - October 2015
音乐: Drag Me Down - One Direction : (Single - iTunes and amazon)



Intro: To avoid a quick intro start 32 counts into the lyrics.

Alt. Music: 'Good Gets Here' by Toby Keith (CD: 35 mph Town, also on iTunes and amazon)

TOUCH RIGHT TOE FORWARD, TWIST HEELS RIGHT, CENTRE, HITCH RIGHT, COASTER STEP, BRUSH

- 1-2 Touch right toe forward. Twist both heels right.
- 3-4 Twist heels centre. Hitch right.
- 5-6 Step back on right. Step left beside right.
- 7-8 Step forward on right. Brush left beside right.

(Bends knees with twists)

TOUCH LEFT TOE FORWARD, TWIST HEELS LEFT, CENTRE, HITCH LEFT, COASTER STEP, BRUSH

- 1-2 Touch left toe forward. Twist both heels left.
- 3-4 Twist heels centre. Hitch left.
- 5-6 Step back on left. Step right beside left.
- 7-8 Step forward on left. Brush right beside left.

(Bend Knees with twists)

VINE RIGHT, STOMP/TOUCH, VINE LEFT 1/4 TURN, TOUCH

- 1-2 Step right to right side. Cross left behind right. (Option: 2. Step left beside right.).
- 3-4 Step right to right side. Stomp/Touch left heel beside right.
- 5-6 Step left to left side. Cross right behind left. (Option: 6. Step right beside left.)
- 7-8 Turn 1/4 left and step forward on left. Touch right beside left.

STEP DIP, TOUCH, STEP DIP, TOUCH, COASTER STEP, STEP

- 1-2 Step back on right dipping down. Touch left toe forward.

(For the Toby Keith: 1 Step back on right. 2 Kick left to left diagonal)

- 3-4 Step back on left dipping down. Touch right toe forward.

(For the Toby Keith track: 3 Step back on left. 4 Kick right to right diagonal)

- 5-6 Step back on right. Step left beside right.
- 7-8 Step forward on right. Step forward on left.

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