Ez Thriller



编舞者: Joan Caviness (USA) - October 2014

音乐: Thriller - Michael Jackson



THE SWIM

1-2	Step right foot forward and bring left foot to right ("swim" arms); face 10:30, move 12:00
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3-4 Repeat 1-2

5-6 Step left foot forward and bring right foot to left ("swim" arms); face 1:30, move 12:00

7-8 Repeat 5-6

THE CLAW

1-2	Sten toward 3:00 v	with right then left	(arms in "claw" position)
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& Quickly switch weight to right foot

3-5 Lift knees up (left, right, left) as you swing arms to left, right, left 6-8 Walk toward 9:00 with left, right, left (arms in "claw" position)

THE EGYPTIAN

1	Slap	arms to	outer	thiahs
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2 Slap hands together overhead, bringing feet together

3 Lunge to left with right leg out to side (right foot stays on floor), bring arms down to thighs

again and begin head wobbles

4-6 Continue head wobbles (or shoulder shimmies) as slowly drag right foot to left, stamping right

foot on 6 (no weight)

&7 Shrug shoulder up and down&8 Snap head to left and front

THE ZOMBIE

1-8 Stamp right foot (no weight) repeatedly as you turn to left to face 6:00; hunch shoulders and

loll head to left side

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