Shake

拍数: 64	墙数: 2	级数: Improver
编舞者: Dan Morrison (CAN) - October 2015		
音乐: Shake - MercyMe		

Intro: 16 Counts after first downbeat, Start on Lyrics

RESTARTS: During Walls 2 & 3, dance first 48 Counts, then start again.

#1: Shuffle, Rock-Recover, Shuffle, Rock-Recover
1&2	Step R side R (1) Step L beside R (&) Step R side R (2)
3-4	Rock L back (3) Recover onto R (4)
5&6	Step L side L (5) Step R beside L (&) Step L side L (6)
7-8	Rock R back (7) Recover onto L (8)

#2: Step, Touch, Step, Touch, Step, Hold, 1/2 Pivot, Hold
1-2	Step R forward (1) Touch L beside R (2)
3-4	Step L forward (3) Touch R beside L (4)
5-8	Step R forward (5) Hold (6) 1/2 Pivot L, wt on L (7) Hold (8)

#3+#4: R Vine, Scissor, Hold, L Vine, Step, 1/4, Step, Hold
1-4	Step R side R (1) Step L behind R (2) Step R side R (3) Step L over R (4)
5-8	Step R side R (5) Step L beside R (6) Step R over L (7) Hold (8)
1-4	Step L side L (1) Step R behind L (2) Step L side L (3) Step R over L (4)
5-8	Step L side L (5) 1/4 turn R, Step R forward (6) Step L forward (7) Hold (8)

#5: Touch, Step, Touch, Step, Step, Hold, 1/4 Pivot, Hold
1-4	Touch R forward (1) Step R beside L (2) Touch L forward (3) Step L beside R (4)
5-8	Step R forward (5) Hold (6) 1/4 Pivot L, wt on L (7) Hold (8)

#6: Touch, Step, Touch, Step, Step, Hold, 1/2 Pivot, Hold
1-4	Touch R forward (1) Step R beside L (2) Touch L forward (3) Step L beside R (4)
5-8	Step R forward (5) Hold (6) 1/2 Pivot L, wt on L (7) Hold (8)

RESTARTS: During Walls 2 & 3

#7: R Scissor, L Scissor
1-4	Step R side R (1) Step L beside R (2) Step R over L (3) Hold (4)
5-8	Step L side L (5) Step R beside L (6) Step L over R (7) Hold (8)

#8: Side, Behind, 1/4 Step, Hold, Step, 1/4, Cross, Hold
1-4	Step R side R (1) Step L behind R (2) Step R 1/4 R (3) Hold (4)
5-8	Step L forward (5) 1/4 Pivot R, wt on R (6) Step L over R (7) Hold (8)

HAVE FUN AND ENJOY

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