

Can't Sleep

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
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音乐: Can't Sleep Love - Pentatonix



Intro 16 counts - No Tags, No Restarts

Heel Twist, Behind, Side, Cross, Sweep, Rock, Recover

1&2 Step R, both heels twist to the R then back to center
3&4 Step R behind L, step L to L, cross R over L
5,6 Sweep L in an arc from back to front stepping L over R
7,8& Step R to R, shift weight back to L, R touch next to L

Lock Step Diagonally, Turn Triple Step, Kick, Ball, Step, Kick, Ball, Step

1,2 Step R forward diagonally, lock L behind R, step R forward (1:30)
3&4 Turn clockwise to face 6:00 step L back, step R beside L, step L back
5&6 R kick, step L next to R, step R forward
7&8 R kick, step L next to R, step R forward

Step, Lock With Knee Pop, Lock Step, Step, Pivot, Vine

1,2 Turning $\frac{1}{4}$ clockwise step R, L lock behind R (9:00)
3&4 Step R forward, L lock behind R, step R forward
5,6 Step L forward, pivot $\frac{1}{2}$ clockwise (3:00)
7&8 Turning $\frac{1}{4}$ clockwise step L (6:00), R step behind L, L step L

Kick, Ball, Point, Kick, Ball, Point, Jazz Box

1&2 R kick, step R beside L, L point to L
3&4 L kick, step L beside R, R point to R
5,6 R crosses over L, L steps back
7,8 R steps R, L steps beside R
