Lost & Found



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Chris Watson (AUS) - September 2015

音乐: On To Something Good - Ashley Monroe: (iTunes)



Side, Rock, Replace, Step Lock Step, ½ Turn Pivot, ½ lock back.

1,2,3,4 Step L to L side , Rock R behind L and forward onto L, Step forward onto R,

&5,6,7,8& Lock L behind R and step forward onto R, Step L foot forward ½ Pivot over R taking weight

onto R, ½ turn L Stepping back onto L, Lock R over L. (12 O'Clock)

¼ Rock Replace, R Sailor , Behind , ¼ Step, Pivot ½ turn□

12,3,4& Step back onto L, ¼ turn R rocking R to R side, rock weight onto L, Step R behind L, Step L

to L side

5,6,7,8& Step R back to centre, Step L behind r, ¼ turn R stepping forward onto R, Step L foot

forward, Pivot ½ turn R taking weight onto R foot (12 O'Clock)

Dorothy L, Dorothy R, Forward Mambo step, Coaster step and step forward

1,2&3,4& Step forward onto L, Lock R behind L, Step L forward, Step forward onto R, Lock L behind

R and step forward onto R

5&6,7&8& Rock forward onto L, step weight back onto R, Step L foot back. Step R foot back, Bring L

together with R, Step R foot forward and Step forward onto L*

1/4 Pivot , Sailor Step, Back Sweep, Back Sweep, Rock Back & Touch together.

1,2,3&4 Step forward onto R, ¼ turn pivot L taking weight onto L, Step r foot behind L, Step L foot to

L side and recover weight to r in centre, (9 O'clock)

5,6,7&8 Step L foot back, Sweep Right toe from front to Back and step R foot back then sweep L toe

from front to back, Rock back onto L, weight forward onto R and touch L toe together with R.

[32] Counts Restart Dance In New Direction

Restarts:

Wall 3 Dance to Counts 24, On the end count rather step stepping L forward, simply touch L toe together and restart dance on wall 4 (facing 6 O'Clock)

Wall 6 Dance to Counts 24, On the end count rather step stepping L forward, simply touch L toe together and restart dance on wall 7 (facing 12 O'Clock)

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