

Boogie fever (狂熱搖擺) (zh)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Junior Willis (USA)
音乐: Boogie Fever - The Sylvers : (CD: Boogie Fever: The Best Of / CD: Pure Funk)



第一段 Step, Slide, Step, Hitch, Step, Slide, Step, Hitch 踏, 滑, 踏, 抬, 踏, 滑, 踏, 抬

- 1-4 Step Right Slightly Forward, Slide Left Next To Right, Step Right Slightly Forward, Hitch Left Next To Right
右足前踏, 左足滑至右足旁, 右足前踏, 左足膝蓋抬起
- 5-8 Step Left Slightly Forward, Slide Right Next To Left, Step Left Slightly Forward, Hitch Right Next To Left
左足前踏, 右足滑至左足旁, 左足前踏, 右足膝蓋抬起
Option: You Can Add Shoulder Raises With The Slides To Add More Character 當滑步時抬起肩膀

第二段 Rock, Recover, Triple ½ Turn, Rock, Recover, Triple ½ Turn 下沉, 回復, 小三步轉1/2, 下沉, 回復, 小三步轉1/2

- 1-2 Rock Right Forward, Recover On Left 右足前下沉左足回復
- 3&4 Triple With ½ Turn To Right (Right-Left-Right)
小3步右後轉 (右、左、右)
- 5-6 Rock Left Forward, Recover On Right 左足前下沉右足回復
- 7&8 Triple With ½ Turn To Left (Left-Right-Left)
小3步左後轉 (左、右、左)

第三段 Point Up, Point Down, Point Up, Point Down, Right Vine 上指, 下指, 上指, 下指, 右華倫

- 1-4 Step Right Slightly Forward And Point Right Finger Up And Diagonally ("Stayin Alive"), Point Right Down In Front Of Body Diagonally, Point Right Up And Diagonally, Point Right Down In Front Of Body Diagonally
右足略為前踏, 右手指向右上方, 收回("Stayin Alive"手勢) (共2次)
- 5-8 Step Right Out To Right, Step Left Behind Right, Step Right Out To Right, Touch Left Next To Right
右足右踏, 左足於右足後踏, 右足右踏, 左足於右足旁點 (右VINE)

第四段 Rolling Left Vine ¼ Turn, Jump Up, Jump Back, Jump Up, Jump Up 左旋轉1/4華倫步, 前跳, 後跳, 前跳, 前跳

- 1-4 Step Left Out To Left Making A ¼ Turn To Left, Step Right Forward Making A ½ Turn To Left, Step Left Forward Making A ½ Turn To Left, Touch Right Next To Left
左足左踏同時左轉90度, 右足前踏左後轉180度, 左足前踏左後轉180度, 右足在左足旁點
- &5 Jump Slightly Forward (On Right And Then Left) 前跳 (右足再左足)
- &6 Jump Slightly Back (On Right And Then Left) 後跳 (右足再左足)
- &7 Jump Slightly Forward (On Right And Then Left) 前跳 (右足再左足)
- &8 Jump Slightly Forward (On Right And Then Left) 前跳 (右足再左足)