

Bicycle Waltz (自行車之戀) (zh)

COPPER KNOB
BYEFOURNETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Peter Heath (AUS)
音乐: Les bicyclettes de Belsize - Engelbert Humperdinck : (CD: Engelbert Humperdinck Greatest Hits)



前奏: on vocals 唱歌起跳

第一段 ½ LEFT TURNING WALTZ, TWICE, BEHIND TWINKLE, TWICE 左轉1/2華爾滋二次, 後華士步二次

- 1-3 Step left foot forward commencing ½ left turn, step right foot back completing ½ left turn, close left foot to right foot
左足前踏左轉180度, 右足後踏左轉180度, 左足併踏
- 4-6 Step right foot back commencing ½ left turn, step left foot forward completing ½ left turn, close right foot to left foot
右足後踏左轉180度, 左足前踏左轉180度, 右足併踏
- 1-3 Cross left foot behind right foot, step right foot to right, close left foot to right foot 左足於右足後交叉踏, 右足右踏, 左足併踏
- 4-6 Cross right foot behind left foot, step left foot to left, close right foot to left foot to slightly face right diagonal
右足於左足後交叉踏, 左足左踏, 右足併踏並略面向右斜角線

第二段 CROSS, SIDE TRIPLE, FRONT TWINKLE, TWICE 交叉, 側小三步, 前華士步, 二次

- 1-2&3 Cross left foot in front of right foot, step right foot to right / close left foot to right foot, step right foot to right
左足於右足前交叉踏, 右足右踏, 左足併踏, 右足右踏
- 4-6 Cross left foot in front of right foot, step right foot to right, close left foot to right foot
左足於右足前交叉踏, 右足右踏, 左足併踏
- 1-2&3 Cross right foot in front of left foot, step left foot to left / close right foot to left foot, step left foot to left
右足於左足前交叉踏, 左足左踏, 右足併踏, 左足左踏
- 4-6 Cross right foot in front of left foot, step left foot to left, close right foot to left foot 右足於左足前交叉踏, 左足左踏, 右足併踏

第三段 FRONT VINE 3, SIDE, DRAW 2, PAS DE BASQUE, TWICE 三步華倫步, 側, 拖2拍, 二次蘇格蘭步(均衡步)

- 1-3 Cross left foot in front of right foot, step right foot to right, cross left foot behind right foot
左足於右足前交叉踏, 右足右踏, 左足於右足後交叉踏
- 4-6 Step right foot to right, draw left foot to right foot over 2 beats 右足右踏, 將左足以2拍拖至右足旁踏
- 1-3 Step left foot to left, rock right foot behind left foot, recover left foot 左足左踏, 右足於左足後下沉, 左足回復
- 4-6 Step right foot to right, rock left foot behind right foot, recover right foot 右足右踏, 左足於右足後下沉, 右足回復

第四段 TURN ¼ LEFT & FORWARD WALTZ, BACK WALTZ, TWICE 左轉1/4 & 前華爾滋, 後華爾滋, 二次

- 1-3 Turning ¼ left step left foot forward, close right foot to left foot, close left foot to right foot
左轉90度左足前踏, 右足併踏, 左足併踏

- 4-6 Step right foot back, close left foot to right foot, close right foot to left foot 右足後踏, 左足併踏, 右足併踏
- 1-3 Turning $\frac{1}{4}$ left step left foot forward, close right foot to left foot, close left foot to right foot
左轉90度左足前踏, 右足併踏, 左足併踏
- 4-6 Step right foot back, close left foot to right foot, close right foot to left foot 右足後踏, 左足併踏, 右足併踏
-