Century Love



编舞者: Amy Yang (TW) & Johnson Koo (SG) - November 2015

音乐: A Thousand Years - Christina Perri



Intro: 48 counts

Sec . 1: FORWARD, HOOK, HOLD, STEP, HITCH, HOLD	
1-2-3	Step RF forward, Hook LF behind RF, Hold
4-5-6	Step LF in place, Hitch RF forward, Hold

Sec . 2: FORWARD, 1/2 TURN R AND SWEEP, WEAVE R

1-2-3 Step RF forward, Make 1/2 turn R placing weight on RF as you sweep LF in clockwise cross

over RF(06:00)

4-5-6 Cross LF over RF, Step RF to R, Cross LF behind RF

Sec . 3: SIDE, DRAG, 1/4 TURN L, FULL TURN L

1-2-3 Big step RF to R, Drag LF toward RF over 2 counts(weight remains on RF)

4-5-6 1/4 turn L step forward on LF, 1/2 turn L stepping back on RF, 1/2 turn L stepping forward on

LF(03:00)

[EASY OPTION] 4-5-6 COUNTS: 1/4 TURN L WALK FORWARD (L, R L)

Sec. 4: FORWARD, HOOK, HOLD, BACK, BESIDE, HOLD

1-2-3 Step RF forward, Hook LF behind RF, Hold 4-5-6 Step LF back, Touch RF beside LF, Hold

Sec . 5: TWINKLE STEP (R&L)

1-2-3 Cross RF over LF, Step LF to L, Step RF in place4-5-6 Cross LF over RF, Step RF to R, Step LF in place

Sec. 6: CROSS, 3/4 TURN L, BEHIND, SIDE, 1/8 TURN R

1-2-3 Cross RF over LF, Making 3/4 turn L weight on RF(06:00)

4-5-6 Cross LF behind RF, Step RF to R, 1/8 turn R step forward on LF (07:30)

Sec. 7: FORWARD, KICK, HOLD, BACK, POINT, HOLD

1-2-3 Step RF forward, Kick LF forward, Hold 4-5-6 Step LF back, Point RF to R, Hold

Sec. 8: SAILOR 1/8 TURN R, TOUCH, 1/2 TURN L

1-2-3 Sweep RF behind and 1/8 turn R, Step LF in place, Step RF to R(09:00)

4-5-6 Touch LF back, 1/2 turn L step forward on LF over 2 counts (weight remains on LF) (03:00)

***Restart : During wall 6, after 48 counts (facing 06:00)

Sec. 9: TRAVELING DIAMOND (HALF)

1-2-3 Step RF to R, Make 1/8 turn L stepping LF back diagonal L, Step back on RF (01:30)
4-5-6 Make1/8 turn L stepping LF to L, 1/8 turn L stepping RF forward, Step LF forward(10:30)

Sec. 10: CROSS, RECOVER, 1/8 TURN R, CROSS, BACK(R&L)

1-2-3 Cross RF over LF, Recover onto LF, 1/8 turn R stepping RF to R(12.00)

4-5-6 Cross LF over RF, Step back on RF、LF ***Restart : During wall 2, after 60 counts (facing 06:00)

Sec. 11: CROSS HOLD, 1/4 TURN R BACK SIDE CROSS

1-2-3 Cross RF over LF, Hold 2 count

4-5-6 Step back on LF, Make 1/4 turn R step RF to R, Cross LF over RF (03:00)

Sec. 12: SIDE, HITCH, SIDE, TOUCH

1-2-3 Big step RF to R, Hitch left knee across RF, Hold

4-5-6 Step LF to L, Touch RF behind LF, Hold

Sec. 13: 1/8 TURN R, 1/2 TURN R, BACK, RUN(L,R,L)

1-2-3 1/8 turn R stepping RF forward, Make a reverse ½ turn R stepping back on LF, Step back on

RF as you transfer weight to RF while slightly lifting LF(10:30)

4-5-6 Run forward on LF, RF, LF (The last step has to make stop posture action)

Sec. 14: RECOVER, TOUCH, 1/8 TURN R BEHIND SIDE CROSS

1-2-3 Recover onto RF slightly bend knee down, Touch LF in place, Hold

4-5-6 1/8 turn R Sweeping LF behind RF, Step RF to R, Cross LF over RF(12:00)

Sec. 15: TOUCH, STEP, CROSS, RECOVER, POINT, HOLD

1-2-3 Touch RF beside LF, Step in place on RF, Cross LF over RF(slightly bend knees down as sit

posture)

4-5-6 Taking weight on LF, Point RF to R, Hold

Sec. 16: TWINKLE 1/2 TURN R, FORWARD, DRAG, TOUCH

1-2-3 Cross RF over LF, 1/4 turn R step back on LF, 1/4R step forward on RF (6.00)

4-5-6 Big step forward on LF, Drag RF toward LF, Touch RF beside LF

Start again.

Restarts: -

During wall 2, after 60 counts(facing 06:00)

During wall 6, dance up to Sec.8 /4-5-6, changing the step to:Touch LF toe back, make 1/4turn L(facing 06:00)

Ending Tags: An 6 count Tag is at the end of wall 7, facing front wall

1-2-3 Sweep RF back in 3 count

4-5-6 Sweep LF back in 3 count (12.00)

Have Fun & Happy Dancingail.com

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