Looking Up



拍数: 96

墙数:4

级数: Easy Intermediate

编舞者: Rob Fowler (ES) & Kate Sala (UK) - November 2015

音乐: Looking Up - Elton John : (amazon & iTunes)

商品供	

Section 1: Toe Strut Forward x 2, Walk Forward x 2, Stomp, Kick.

- 1 4 Toe strut forward on R. Toe strut forward on L.
- 5 6 Walk forward on R, L.
- 7 8 Stomp R next to L. Kick R forward.

Section 2: Diagonal Step Back, Touch/ Clap x 2, Coaster Step, Turn 1/4 Right With Hitch.

- 1 2 Step diagonally back right on R. Touch L next to R with clap.
- 3 4 Step diagonally back left on L. Touch R next to L with clap.
- 5 7 Step back on R. Step L next to R. Step forward on R.
- 8 Pivot 1/4 turn right on R hitching L knee up. 3:00

Section 3: Grapevine Left, Touch, Rolling Vine Right, Together.

- 1 4 Step L to left side. Cross step R behind L. Step L to left side. Touch R next to L.
- 5 8 Full turn rolling vine to right side on R, L, R. Step L next to R.

Section 4: Touch Out Right, Hold, & Touch Out Left, Hold, Heel Switches x 3, Hook.

- 1 2 & Touch R toe out to right side. Hold. Step R next to L.
- 3 4 & Touch L toe out to left side. Hold. Step L next to R.
- 5& 6& Dig R heel forward. Step R next to L. Dig L heel forward. Step L next to R.
- 7 8 Dig R heel forward. Hook R foot across L shin.

Section 5: Shuffle Forward, Step Pivot 1/2 Turn Right, Shuffle Forward, Step Pivot 1/4 Turn Left.

- 1 & 2 Step forward on R. Step L next to R. Step forward on R.
- 3 4 Step forward on L. Pivot 1/2 right.
- 5 & 6 Step forward on L. Step R next to L. Step forward on L.
- 7 8 Step forward on R. Pivot 1/4 turn left. 6:00

Section 6: Weave Left, Kick Out Left, Step Back, Touch, Step Forward, Scuff.

- 1 4 Cross step R over L. Step L to left side. Cross step R behind L. Kick L out to left side.
- 5 8 Step back on L. Touch R next to L. Step forward on R. Scuff L forward.

Section 7: Weave Right, Kick Out Right. Step Back, Touch, Step Forward, Scuff.

- 1 4 Cross step L over R. Step R to right side. Cross step L behind R. Kick R out to right side.
- 5 8 Step back on R. Touch L next to R. Step forward on L. Scuff R forward.

Section 8: Step Forward, Pivot 1/2 Turn Left, Step Forward, Hold, Step Out, Touch Out, Knee Dip, Hold.

- 1 4 Step forward on R. Pivot 1/2 turn left. Step forward on R. Hold. 12:00
- 5 6 Step forward & out on L to left side. Touch R out to right side. *(Restart during wall 5)
- 7 8 Dip R knee in towards L. Hold.

Section 9: Step Right, Touch/ Clap, Step Left, Touch/ Clap, Swivel Right, Hold.

- 1 4 Step R out to right side. Touch L next to R with clap. Step L out to left side. Step R next to L with clap.
- 5 8 Swivel heels right. Swivel toes right. Swivel heels R. Hold.

Section 10: Step Left, Touch/ Clap, Step Right, Touch/ Clap, Swivel Left, Hold.

- 1 4 Step L out to left side. Touch R next to L with clap. Step R out to right side. Step L next to R with clap.
- 5 8 Swivel heels left. Swivel toes left. Swivel heels left. Hold. *(Restart during wall 4)

Section 11: Monterey 1/2 Turn Right, Monterey 1/4 Turn Right Kick.

- 1 2 Point R toe out to right side. Pivot 1/2 turn right on L stepping R next to L.
- 3 4 Point L toe out to left side. Step L next to R. 6:00
- 5 6 Point R toe out to right side. Pivot 1/4 right stepping R next to L. 9:00
- 7 8 Point L toe out to left side. Kick L forward.

Section 12: Jazzbox, Jump forward Out, Out, Clap, Jump Back Out, Out, Clap.

- 1 4 Cross step L over R. Step back on R. Step L to left side. Touch R next to L.
- & 5 6 Jump forward feet apart on R, L. Clap.
- & 7 8 Jump back feet apart on R, L. Clap.

Start Again

Restarts: -

*1st. During wall 4 - Restart after section 10.

*2nd. During wall 5 - Restart during section 8 after 6 counts.