C'mon C'mon

拍数: 48

级数: Beginner

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音乐: Let's Stick Together - Bryan Ferry

#48-count intro

S1: WALK RIGHT then LEFT, RIGHT KICK-BALL CHANGE; RIGHT ROCKING CHAIR

- 1-2 Step forward on Right foot, step forward on Left foot
- 3&4 Kick Right foot forward, step down onto Right foot, step forward on Left foot
- 5-6 Rock forward on Right foot, recover weight back onto Left foot
- 7-8 Rock back on Right foot, recover weight onto Left foot

S2: RIGHT SHUFFLE FORWARD, ROCK STEP; LEFT SHUFFLE ½ TURN, STEP FORWARD, ½ TURN

- 1&2 Step forward on Right foot, step on Left foot beside Right, step forward on Right foot
- 3-4 Rock forward on Left foot, recover weight back onto Right foot
- 5&6 Make ¹/₂ turn shuffle back over Left shoulder stepping Left-Right-Left
- 7-8 Step forward on Right foot, pivot 1/2 turn to Left

S3: RIGHT SIDE-SHUFFLE, ROCK BACK; LEFT SIDE-SHUFFLE, ROCK BACK

- 1&2 Step to Right on Right foot, step on Left foot beside Right, step to Right on Right foot
- 3-4 Rock back on Left foot, recover weight onto Right foot
- 5&6 Step to Left on Left foot, step on Right foot beside Left, step to Left on Left foot
- 7-8 Rock back on Right foot, recover weight onto Left foot

S4: & TOUCH, HOLD, & TOUCH, HOLD (FORWARD); & TOUCH, HOLD, & TOUCH, HOLD (BACK)

- Step diagonally forward Right on Right foot, touch Left foot beside Right, hold &1-2
- &3-4 Step diagonally forward Left on Left foot, touch Right foot beside Left, hold
- &5-6 Step diagonally back Right on Right foot, touch Left foot beside Right, hold
- Step diagonally back Left on Left foot, touch Right foot beside Left, hold &7-8

S5: GRAPEVINE to RIGHT with TOUCH; GRAPEVINE to LEFT with TOUCH

- 1-2 Step to Right on Right foot, cross-step Left foot behind Right
- 3-4 Step to Right on Right foot, touch Left foot beside Right
- 5-6 Step to Left on Left foot, cross-step Right foot behind Left
- 7-8 Step to Left on Left foot, touch Right foot beside Left

Option - full rolling turn to Right with touch, then full rolling turn to Left with touch

S6: RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD; JAZZBOX with ½ TURN

- 1&2 Step forward on Right foot, step on Left foot beside Right, step forward on Right foot
- 3&4 Step forward on Left foot, step on Right foot beside Left, step forward on Left foot
- 5-6 Cross-step Right foot over Left, turn 1/4 Right stepping back on Left foot
- 7-8 Turn ¼ Right stepping forward onto Right foot, step on Left foot beside Right

START AGAIN





墙数: 2