High Gloss



编舞者: Honky Tonk Cliff (UK) - November 2015

音乐: Fresh Coat of Paint - Lee Roy Parnell: (CD: On the Road)



Also download on iTunes

#32 Count Intro

A[1-8] Walk, Walk, Kick Ball Step, Cross Shuffle, Back, Back.

1-2	Step forward	on right, Step	forward on left.
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3&4 Kick right, Step on the ball of right, Step forward on left.5&6 Cross right over left, Step left to side, Cross right over left .

7-8 Step back on left, Step back on right

B[1-8] Cross Shuffle, Back, Back, Cross Shuffle, Kick Ball Step .

1&2	Cross left over right.	Step right to side.	Cross left over right.
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3-4 Step back on right, Step back on left.

Cross right over left, Step left to side, Cross right over left .Kick left, Step on the ball of left, Step forward on right.

TAG 1: HERE ON WALLS 3 ON FRONT WALL AND 7 ON BACK WALL STEP ONTO LEFT ON THE AND COUNT AT SIDE OF RIGHT AND RESTART.

C[1-8] Dorothy Step x 2, Heal and Cross x 2.

1-2&	Step to left angle on left, Lock right behind, Step left to side.
3-4&	Step to right angle on right, Lock left behind, Step right to side.
5&6	Dig left heal, Step on the ball of left, Cross right over left.
7&8	Dig left heal, Step on the ball of left, Cross right over left.

D[1-8] Side Rock, 1/4 Recover, Shuffle Forward, Hinge 1/2 Turn, Kick Ball Step.

1-2	Rock left to left side,	1/4 turn recover	onto right.
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3&4 Step forward on left, Close right at side, Step forward on left.
5-6 1/4 turn stepping back on right, 1/4 turn stepping left to left side.

7&8 Kick right, Step on the ball of right, Step forward on left.

TAG 2: AT THE END OF WALL 8 RIGHT ROCKING CHAIR.

WALL 11 ONLY 8 COUNTS AS YOU WALK BACK AT THE FRONT OPEN ARMS ON LAST STEP.

Enjoy see you on a floor soon