

I'm Done

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Jan Brookfield (UK) - December 2015
音乐: Done - Frazey Ford



Section 1 : TOE STRUTS FORWARD x 2, OUT-OUT, TRIPLE ON SPOT

1,2,3,4 Strut R forward toes then heel, strut L forward toes then heel
5,6, 7&8 Step R out to right side, step L out to left side, triple step on the spot R,L,R

Section 2 : CROSS ROCK, CHASSE LEFT, CROSS ROCK, CHASSE RIGHT ¼ TURN

9,10,11&12 Rock L across in front of R, recover onto R, chasse to left on L,R,L
13,14,15&16 Rock R across L, recover onto L, chasse right on R,L,R making quarter turn right (now facing 3 o'clock)

Section 3 : STEP FORWARD, BOUNCE, ROCK FORWARD, RECOVER, COASTER STEP, HALF PIVOT TURN

17,18 Step L forward, bounce heel for one count (weight still on L)
19,20 Rock R forward, recover onto L
21&22 Step R back, step L next to R, step R forward
23,24 Step L forward, pivot half turn over right shoulder, transfer weight onto R (now facing 9 o'clock)

Section 3 : STEP FORWARD, BOUNCE, ROCKING CHAIR, HALF TURN PIVOT

25,26 Step L forward, bounce heel for one count (weight still on L)
27,28,29,30 Rock R forward, recover onto L, rock R back recover onto L
31,32 Step R forward, pivot half turn over left shoulder, transfer weight onto L
(Now facing 3 o'clock to start again)
