

Hava Nagila

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Micaela Svensson Erlandsson (SWE) - November 2008

音乐: Hava Nagila - John Murphy & Daniel L. Griffiths : (Album: House MD Soundtrack)



Intro: 8 counts

Walk forward R,L,R,LR, Jump on Right, Hook left, Step L forward Jump up on left, Hook right

1-4 Step forward on right, Step forward on left, Step forward on right, Step forward on left.

5-8 Step forward on R, jump up on R, Hitch L knee up, step forward on L jump up on L, Hitch R knee up.

Walk back R,L,R,LR, Jump on Right, Hook left, Step L forward Jump up on left, Hook right

9-12 Step back on right, Step back on left, Step back on right, Step back on left.

13-16 Step back on R, jump up on R, Hitch L knee up, step back on L jump up on L, Hitch R knee up.

Jump on both feet, Kick right to right, Behind, Side, Cross, Hold, Step, Hold

17-18 Jump on both feet, Kick right foot to the right.

19-22 Cross right foot behind left, step left to left, Cross right foot over left. Hold

23-24 Step left to left, Hold

Jump on both feet, Kick right to right, Behind, Turn ¼ , Step, Hold, Step, Hold

25-26, Jump on both feet, Kick right foot to the right

27-30 Cross right foot behind left, Turn ¼ left stepping forward on left, Step right forward. Hold.

31-32 Step forward on left foot. Hold.

The speed of the dance is increasing little by little, so be prepared for a real challenge, even though it is only 32 counts in this Jewish dance.

Feel free to use any other Kletzmer music.
