Foot Play It Down

级数: Beginner

编舞者: Paula Steward (USA) - December 2015

音乐: Strong Baby - SEUNGRI

Start right after he says "Show me what you got"

Restart on Wall 5 (after the first 24 counts)

[1-8] CROCking chairs x2

拍数: 32

- 1-4 Right Rock forward recover left, right rock back recover left
- 5-8 Repeat first 4

[9-16] C Step, hold, step hold, step R, R step out out hold clap

- 9-12 R forward hold, L forward hold
- 13, 14 R forward, L forward
- 15, 16 R out, L out, clap

[17-24] Two hips right, two hips left, pivot ¼ left, pivot ¼ left

- 17 & 18, 19 & Bump hips right two times, then left two times
- 20
- 21-24 Step forward right pivot ¼ turn, repeat

[25-32] Right grapevine, left grapevine

- 25-28 Step right to right side, left behind right, right to right side touch left
- 29-32 Step left to left side, right behind left, left to left side, touch right.

Repeat and Enjoy...

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墙数:2

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