En Lille Melodi

拍数: 64

级数: Improver

编舞者: Sally Hung (TW) - December 2015

音乐: En Lille Melodi by Banjo

Sequence Of Dance: -

On Wall 1, After Finishing 60 Counts (The 4th Count Of S8), Restart Facing 3:00 On Wall 3, After Finishing 60 Counts (The 4th Count Of S8), Restart Facing 9:00

Intro: 16 Counts From The Heavy Beat

S1. TOE STRUT, TOE STRUT, R JAZZ BOX

- 1,2,3,4 R toe touch slightly fwd, drop heel and weight R, L toe touch slightly forward, drop heel and weight L
- 5,6,7,8 Cross R over L, step back on L, step R to R, step L fwd

S2. SIDE, KICK, SIDE, KICK, SIDE CHASSE, BACK ROCK RECOVER

- 1,2,3,4 Step R to R side, kick L across R, step L to L side, kick R across L
- 5&6,7,8 Step R to R side, close L beside R, step R to R side, cross rock L behind R, recover onto R

S3. TOE STRUT, TOE STRUT, L JAZZ BOX

- 1,2,3,4 L toe touch slightly fwd, drop heel and weight L, R toe touch slightly fwd, drop heel and weight R
- 5,6,7,8 Cross L over R, step back on R, step L to L side, step fwd on R

S4. SIDE, KICK, SIDE, KICK, SIDE CHASSE, BACK ROCK RECOVER

- 1,2,3,4 Step L to L side, kick R across L, step R to R side, kick L across R
- 5&6,7,8 Step L to L side, close R beside L, step L to L side, cross rock R behind L, recover onto L

S5. FWD LOCK STEP, TOUCH WITH CLAP, FWD LOCK STEP, TOUCH WITH CLAP

- 1,2,3,4 Step R fwd, lock L behind R, step R fwd, touch L next to R with clap
- 5,6,7,8 Step L fwd, lock R behind L, step L fwd, touch R next to L with clap

S6. K- STEP (STEP TOUCHES ON DIAGONAL FWD AND BACK)

- Step R to R front diagonal, touch L beside R, step L to L back diagonal, touch R beside L 1,2,3,4
- 5,6,7,8 Step R to R back diagonal, touch L beside R, step L to L front diagonal, touch R beside L

S7. SIDE, BEHIND, ¼ TURN R, HITCH L, WALK BACK L-R-L, HITCH R

- 1,2,3,4 Step R to R side, cross step L behind R, ¼ turn R stepping R fwd, hitch L
- 5,6,7,8 Walk back on L,R,L, hitch R

S8. CROSS ROCK RECOVER, SIDE ROCK RECOVER, ROCKING CHAIR

- 1,2,3,4 Rock R across L, recover onto L, rock R to R side, recover onto L
- 5,6,7,8 Rock fwd R, recover onto L, rock back on R, recover onto L

Happy Dancing!

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墙数:4