Smoke Break

拍数: 32

级数: Intermediate

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音乐: Smoke Break - Carrie Underwood

Start dance with lyrics Sect 1: Jazz Box ¼ turn R, Toe, L Stomp twice, L Jump Rock, L Stomp, R Toe, R Kick ¼ turn R 1&2& R step fwd cross L, L step side, R step side ¼ turn right, L step beside right 3&4 R Toe fwd recover weight on right, L stomp beside right (twice) 5&6 L Back Rock Jump (recover weight on right), L stomp beside right 7&8& R Toe fwd, R Kick ¼ turn right, R step, L step beside right Sect 2: JUMP STEP OUT, IN, OUT, IN (back kick R), JUMP STEP OUT, IN, OUT, IN (back kick L), L Pivot 1/4 turn left, Jump Back Rock, L Stomp 1&2& Jump step OUT L&R together, Jump step IN L&R together, Jump step OUT L&R together, Jump L IN R Kick back L (weight on Left) 3&4& Jump step OUT L&R together, Jump step IN L&R together, Jump step OUT L&R together, Jump R IN L Kick back L (weight on Right) 5&6& 1/4 turn left L step fwd, R step fwd 1/2 turn, 1/2 turn left L step fwd, R step beside Left 7&8 Jump L back rock (recover weight on right), L stomp beside Right) *END Dance at eight wall Sect 3: L Back Shuffle ½ turn, R Fwd shuffle ½ turn, L Coster step, R Kick ball change 1&2 Back Shuffle L-R-L ¹/₂ turn left 3&4 Fwd Shuffle R-L-R ¹/₂ turn left (weigh on right) 5&6 L step back, R step back beside left, L step fwd (weight on left) 7&8 kick right, ball right, step fwd left Sect 4: Jump R Rock fwd, Jump R rock back, L Kick, Jump R Rock fwd, Jump R rock back, L Kick, Scuff, R side Rock 1&2& R jump Rock fwd (1/8 diagonal) recover on left, R jump rock back, kick left recover on left 3&4& R jump Rock fwd (1/8 diagonal) recover on left, R jump rock back, kick left recover on left 5&6& R step side, L Scuff, L step side, R Scuff

7&8 R step side (recover weight on left), R step beside left (weight on left)

*TAG after second Wall

TAG : After sect. 2 of second wall□

L Shuffle ¼ turn, R Step ½ turn, R Schuffle fwd, L Sailor ¼ turn

- 1&2 Shuffle L-R-L ¹/₄ turn left
- R step fwd ¹/₂ turn (weight on left) 3.4
- 5&6 Shuffle R-L-R
- 7&8 L step behind R 1/4 turn left, R step beside Left, L step fwd

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墙数:4