

Mockarum

拍数: 32 墙数: 2 级数: Beginner
编舞者: William Sevone (UK) - December 2015
音乐: Mockingbird - Inez & Charlie Foxx : (many compilations / iTunes / Amazon)



Pronounced Moka-Rum - a social Rumba with a twist

Choreographers note:- The suggested alternative to the last section on every 2nd wall adds to the feel of the dance

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts after the 'Mock-ing-bird' intro on the word 'Everybody... '

STEPS FOR THE ALTERNATE LAST SECTION ARE AT THE FOOT OF THE PAGE

S1: 2x 1/4 Side. Behind. 1/4 Fwd. Hold (12.00)

- 1 – 2 Turn ¼ left (9) & step right to right side. Step left behind right.
- 3 – 4 Turn ¼ right (12) & step forward onto right. Hold.
- 5 – 6 Turn ¼ right (3) & step left to left side. Step right behind left.
- 7 – 8 Turn ¼ left (12) & step forward onto left.. Hold.

S2: Dip Rock. Rec. Back. Hold. Dip Step. Back. Back. Hold (12.00)

- 9 – 10 with a dip - Rock forward onto right. straighten up as you – Recover onto left.
- 11 – 12 Step backward onto right. Hold.
- 13 – 14 with a dip – Step backward onto left. straighten up and – Step backward onto right.
- 15 – 16 Step backward onto left. Hold.

S3: 1/2 Fwd. Fwd. Fwd. Flick. Fwd. Fwd. Fwd. Flick (6.00)

- 17 – 18 Turn ½ right (6) & step forward onto right. Step forward onto left.
- 19 – 20 Step forward onto right. looking backward over left shoulder – Flick Kick left foot backward.
- 21 – 22 Step forward onto left. Step forward onto right.
- 23 – 24 Step forward onto left looking backward over right shoulder – Flick Kick right foot backward.

S4: Back. 1/2 Fwd. Diagonal. Hold. Fwd. Side. 1/2 Side. Touch (6:00)

- 25 – 26 Step backward onto right. Turn ½ left (12) & step forward onto left.
- 27 – 28 Step right diagonally forward left. Hold.
- 29 – 30 Step forward onto left. Step right to right side.
- 31 – 32 Turn ½ left (6) & step left to left side. Touch right next to left.

SUGGESTED ALTERNATE LAST SECTION ON EVERY NEW WALL STARTING AT 6.00.

- You will instantly understand why, when you hear the music at that point.

Back. 1/2 Fwd. 2x Diagonal Rock-Rec. Side Hip Roll. Rec

- 25 – 26 Step backward onto right. Turn ½ left (12) & step forward onto left.
- 27 – 28 with hip roll – Step right diagonally forward right (1.30), then hip roll back onto left. Body facing 10.30
- 29 – 30 with hip roll – Step right diagonally forward right (10.30), then hip roll back onto left. Body facing 7.30
- 31 – 32 with hip roll – Step right to right side (6.00), then hip roll back onto left.