

Space Cowboy (星際牛仔) (zh)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Levi J Hubbard (USA) - 2010年08月
音乐: Space Cowboy (Radio Edit) - Banaroo : (CD: Space Cowboy)



前奏: Start dancing on lyrics 唱歌起跳

第一段 Step Lock Forward, ½ Pivot (Right), Step Lock Forward, ¼ Pivot (Left) 前鎖步, 踏 轉, 前鎖步, 踏 1/4

- 1 Step right forward 右足前踏
- &2 Step left up behind right, step right forward
左足於右足後踏, 右足前踏
- 3 Step left forward 左足前踏
- 4 Turn ½ right (weight to right) 右轉180度(重心在右足)
- 5 Step left forward 左足前踏
- &6 Step right up behind left, step left forward
右足於左足後踏, 左足前踏
- 7 Step right forward 右足前踏
- 8 Turn ¼ left (weight to left) 左轉90度(重心在左足)

Arm: on the step locks forward throw your right hand up and swing around like a lasso 每個鎖步, 右手
手勢 向上舉, 做拿套馬索搖圈圈的動作

第二段 (Right) Rodeo Kicks, Sailor Shuffle, (Left) Rodeo Kicks, Sailor Shuffle 前踢 側前踢 水手步, 前踢 側前踢, 水手步

- 1 Kick right forward 右足前踢
- 2 Kick right out to side 右足右前踢
- 3 Cross right behind left 右足於左足後交叉踏
- &4 Step left slightly to side, step right slightly to side
左足略左踏, 右足略右踏
- 5 Kick left forward 左足前踢
- 6 Kick left out to side 左足左前踢
- 7 Cross left behind right 左足於右足後交叉踏
- &8 Step right slightly to side, step left slightly to side
右足略右踏, 左足略左踏

第三段 (Right) Chasse, Back Rock-Recover, (Left) Chasse, Back Rock Recover 右追步, 後下沉 回復, 左追步, 後下沉 回復

- 1&2 Chasse side stepping (right, left, right)
右追步-右, 左, 右
- 3 Rock left to side, behind right, slightly lifting right off floor
左足後下沉, 右足略離地
- 4 Step right back to floor (recover) 右足回復
- 5&6 Chasse side stepping (left, right, left)
左追步-左, 右, 左
- 7 Rock right to side, behind left, slightly lifting left off floor
右足後下沉, 左足略離地
- 8 Step left back to floor (recover) 左足回復

Arm: put both your fist in front of you and move up and down like your are holding the reigns of a
手勢 horse. 雙手握拳放在前面, 做騎馬狀
(like you can ride a horse sideways lol) 好像在側身騎馬

第四段 2 Monterey Turns 二次蒙特瑞轉

- 1 Touch right to side 右足右點
 - 2 Turn $\frac{1}{2}$ right, while stepping right together
右轉180度右足併踏
 - 3 Touch left to side 左足左點
 - 4 Step left back together 左足後併踏
 - 5 Touch right to side 右足右點
 - 6 Turn $\frac{1}{2}$ right, while stepping right together
右轉180度右足併踏
 - 7 Touch left to side 左足左點
 - 8 Step left together 左足併踏
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