

拍数: 64 **墙数:** 2 **级数:** Improver

编舞者: Siara Vigante (LAT) - December 2015

音乐: Gregorian by Vince Clarke



KICK BALL CHANGE, STEP, 1/4TURN RIGHT STEP, RF SAILOR STEP, ROCK FORWARD

1&2	RF kick forward,RF step next to LF,LF step next to RF
3-4	RF step forward, turn 1/4 right LF to the left side (3:00)
5&6	RF cross behind LF,LF step side left,RF step side right

7-8 LF rock forward, RF recover

LF SHUFFLE BACK, TOUCH, 1/2 TURN RIGHT, LF SHUFFLE FORWARD, KICK OUT OUT

9 & 10	LF step back,RF step next to left,LF step back
11 12	RF touch back, ½ turn right (wight on the right) (9:00)
13&14	LF step forward,RF step next tp left,LF step forward
15&16	RF kick forward, RF step to the righ, Lf step tto the left

SAILOR 1/4 TURN RIGHT, STEP, TOUCH BEHIN, STEP, SWEEP LEFT, WAVE TO THE RIGHT. SIDE ROCK

17& 18	RF cross behind LF,LF ¼ turn right step side left (12:00),RF step side right
19&20&	LF step forward,RF touch behind the LF,RF step back,Sweep LF from front to the back
21&22	Step LF behind RF,RF step to the right,LF step across the RF
23 – 24	Rock RF to the right side, Recover to the LF

WAVE TO THE LEFT, ROCK 1/4 TURN RIGHT, STEP DIAG. TOUCH, SWAY HIPS

25&26	Step RF behind LF,Step LF to the left,RF step across the LF
27 -28	LF rock to the left, turn 1/4 right recover on RF (3:00)
29 -30	LF step forward to the left diagonal, RF touch next to left (1:30)
31 -32	RF step to the right sway Right hip right. Sway Left hip left (1:30)

FULL AND 3/8 TRIPPLE TURN RIGHT, ROCK FORWARD, LOCK STEP BACK, SWEEP AROUND

33&34	RF turn ¼ right,turn ½ right LF step back,turn ½ right RF step forward(6:00)
35&36	LF step forward, RF recover
37&38	LF step back,lock RF across LF,Step back on LF
39 -40	Sweep RF from front to the back around LF, Step back on RF

ROCK BACK, RECOVER, LOCK FORWARD, ROCK FORWARD, RECOVER, SWEEP RIGHT, STEP

41 –42	LF step back, recover on RF forward
43&44	LF step forwrd, Lock step RF behind LF,Step forward on LF
45 –46	RF step forward, LF recover
47-48	Sweep RF from front to the back around LF, Step back on RF

ROCK SIDE, WAVE RIGHT, ROCK SIDE, WAVE LEFT

49 -50	LF rock side to the left, RF rocever
51&52	Step LF behind RF, Step RF to the right, Step LF across the RF
53 -54	RF rock side to the righ, LF recover
55&56	Step RF behind LF, Step LF to the left, Step RF across the LF

PRESS FORWARD, RECOVER, COASTER STEP, PRESS FORWARD, HOLD, TOUCH

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57-58	LF press forward, RF recover weight
59&60	LF step back, RF step next to LF, LF step forward
61-62	RF press forward, Hold
63 -64	LF recover weight, RF touch next to the LF

REPEAT

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