

Scooby Doo (史酷比) (zh)

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Improver
编舞者: Robbie McGowan Hickie (UK) - 2009年06月
音乐: Do the Cha Cha Cha - Alex Swings Oscar Sings! : (CD: Heart 4 Sale)



前奏: 16 Count intro 16拍後起跳

第一段 **Weave Left. Cross Rock. Side Step Right. Scuff.**
藤步, 交叉下沉回復, 交叉曼波, 擦踢

1-4 Cross step Right over Left. Step Left to Left side. Cross Right behind Left. Step Left to Left side.
右足於左足前交叉踏, 左足左踏, 右足於左足後交叉踏, 左足左踏

5-8 Cross rock Right over left. Recover on Left. Step Right to Right side. Scuff Left forward across Right.
右足於左足前交叉下沉, 左足回復, 右足右踏, 左足於右足前擦踢

第二段 **Weave Right. Cross Rock. 1/4 Turn Left. Scuff.**
藤步, 交叉下沉回復, 左1/4, 擦踢

1-4 Cross step Left over Right. Step Right to Right side. Cross Left behind Right. Step Right to Right side.
左足於右足前交叉踏, 右足右踏, 左足於右足後交叉踏, 右足右踏

5-6 Cross rock Left over Right. Recover on Right.
左足於右足前交叉踏, 右足回復

7-8 Make 1/4 turn Left stepping forward on Left. Scuff Right forward. (Facing 9 o'clock) 左轉90度左足前踏, 右足前擦踢

第三段 **Toe Struts Forward (Right & Left). Right Mambo Forward. Hold.**
趾踵步(右, 左), 前曼波, 候

1-4 Step forward on Right toe. Drop Right heel to floor. Step forward on Left toe. Drop Left heel to floor.
右足趾前點, 右足踵踏, 左足趾前點, 左足踵踏

5-8 Rock forward on Right. Rock back on Left. Step Right Slightly back into Right Diagonal. Hold. 右足前下沉, 左足回復, 右足略併踏, 候

Option: Counts 1 – 4 above ... Right Toe Strut making 1/2 turn Left. Left Toe Strut making 1/2 turn Left. 左轉180度右趾踵, 左轉180度左趾踵

第四段 **Heel Swivels x 4. Left Lock Step Back. Hold. 踵旋轉四次, 後鎖步, 候**

1-4 Taking the weight on the Ball of each foot – Swivel Heels Left. Right. Left. Right. (Weight on Right)
重心在雙腳---足踵旋轉-左, 右, 左, 右(重心在右足)

5-8 Step back on Left. Lock step Right across Left. Step back on Left. Hold. 左足後踏, 右足於左足前鎖踏, 左足後踏, 候

第五段 **Full Turn Right. Hold. Diagonal Cross Step. Hold. Side Rock.**
右轉圈, 候, 斜角交叉, 右下沉回復

1-4 Make a Full turn Right on the spot stepping Right. Left. Right. Hold. 原地右轉圈-右, 左, 右, 候

5-6 Cross step Left Diagonally forward across Right. Hold.
左足斜角於右足前交叉踏, 候

7-8 Rock Right out to Right side. Recover weight on Left. (Facing 9 o'clock) 右足右下沉, 左足回復(面向9點鐘)

Option: Counts 1 – 4 above ... Right Coaster Step. Hold. 海岸步, 候

第六段 **Behind. Side. Step Forward. Hold. Step. Pivot 1/2 Turn Right. Step Forward. Hold. 後旁前候, 踏轉踏候**

1-4 Cross Right behind Left. Step Left to Left side. Step forward on Right. Hold. 右足於左足後交叉踏, 左足左踏, 右足前踏, 候

5-8 Step forward on Left. Pivot 1/2 turn Right. Step forward on Left. Hold. 左足前踏, 右軸轉180度, 左足前踏, 候

Note: When dancing to the music "Do The Cha Cha Cha" 2x Restarts are needed.....as below!!!!

RESTART: Wall 5, Dance to Count 48, then Restart the dance again from the Beginning (Facing 3 o'clock)

RESTART: Wall 8: Dance to Count 48, then Restart the dance again from the Beginning (Facing 12 o'clock)

以"Do The Cha Cha Cha"為背景音樂者需有二次從頭起跳

第五面牆(面向3點鐘)及第八面牆(面向12點鐘)跳至此從頭起跳

- 第七段** **Hip Bump Right and Left. Side Step Right. Drag. Back Rock. Left Side Toe Strut. 右推臀, 左推臀, 右大步, 拖併, 後下沉回復, 左側趾踵**
- 1-2 Step Right to Right side bumping hips Right. Bump hips Left. (Facing 3 o'clock) 右足右踏右推臀, 左推臀
- 3-4 Long step Right to Right side. Drag/Slide Left towards and beside Right. (Weight on Right) 右足右一大步, 左足拖併(重心在右足)
- 5-6 Rock back on Left. Rock forward on Right. 左足後下沉, 右足回復
- 7-8 Step Left toe to Left side. Drop Left heel to floor.
左足趾左點, 左足踵踏
-
- 第八段** **Right Sailor 1/2 Turn Right. Hitch. Left Lock Step Forward. Scuff. 右水手轉1/2, 抬, 前鎖踏, 擦踢**
- 1-2 Cross/Sweep Right behind Left making 1/2 turn Right. Step Left beside Right. 右足於左足後交叉右繞180度, 左足於右足後踏
- 3-4 Step forward on Right. Hitch Left knee up. (Facing 9 o'clock) 右足前踏, 左膝抬(面向9點鐘)
- 5-8 Step forward on Left. Lock step Right behind Left. Step forward on Left. Scuff Right Slightly forward.
左足前踏, 右足於左足後鎖踏, 左足前踏, 右足略前擦踢
-