Out of Our Minds (P)

拍数: 32

级数: Improver Partner

编舞者: Dan Albro (USA) - March 2017

音乐: Lose My Mind - Brett Eldredge



[1-8]□□2 SHUFFLES FWD. STEP FWD. ¼ TURN. TOE. & TOE &

墙数:0

1&2,3&4 Step fwd R, step L next to R, Step fwd R, step fwd L, step R next to L, step fwd L 5 Step angle fwd left on R lining up right shoulders with partner 6 Turn ¼ right facing partner stepping side L (man facing OLOD, ladies facing ILOD) &7&8 Touch R toe next to L, step side R, touch L toe next to R, step side L

[9-16]□□CROSSING SHUFFLE, SIDE SHUFFLE, ROCK BACK, REPLACE, BELT LOOP SWITCH

- 1&2 Cross step R over L, step side L, cross step R over L
- 3&4.5.6 Step side L, step R next to L, step side L, rock back on R, replace weight L

7&8 Turn ¼ left stepping side R, step L next to R, turn ¼ left stepping back R

Hands:-

Release mans right hand from behind ladies back on count 5

Man drops ladies right hand off on his right hip on count 7

Man picks up ladies right hand on his left hip on count 8 with his left hand

[17-24] CROCK, STEP, SHUFFLE FWD, SIDE, TOGETHER, SHUFFLE SIDE 1/4 TURN

- 1,2,3 Rock back on L, replace weight R, turn ¼ right stepping fwd L
- &4,5,6 Step R next to L, step fwd L, turn ¼ left stepping side R, step L next to R
- 7&8 Step side R, step L next to R, turn ¼ right stepping fwd R (FLOD)
- Hands: On count 5 pick up ladies left hand, on count 8 release ladies left hand

[25-32] LADY TURNS, SHUFFLE FWD, STEP, TOUCH, STEP, TOUCH

- 1,2 MAN: Small step fwd L bringing lady in front, step fwd R returning to original position
- 1,2 LADY: Crossing FLOD of man turn 1/2 left stepping back R, step angle back L to return to original position
- Step fwd L, step R next to L, step fwd L 3&4
- 5,6,7,8 Touch R toe fwd, step back on R, touch L toe back, step fwd L

Hands: -

On count 1 man brings ladies right hand over her head

On count 2 man places his right hand on ladies back returning to closed social position

Contact: mishnockbarn.com - mishnockbarn@gmail.com



