Who Knows My Heart?



拍数: 32 墙数: 2 级数: Easy Intermediate NC2

编舞者: Des Ho (SG) - January 2016

音乐: Who Knows My Heart (心事誰人知) - Shen Wen Chen (沈文程)



Count In: 16& counts after heavy beats on vocal [0:33]□

*1 Restart on Wall 4 [6:00] after 16 counts]

Sect 1:□Night Club Basic R 1/4 L	Divot 1/2 L 1/4 Turn	Rehind Side Cross	Dun Dun Dun [1:30]
Securi inioni Ciub dasicir 1/4 L	. PIVOL I/Z L I/4 LUM	. Denina Side Cross.	Run Run Run H.Jul

12&3	Long step to R, Close L behind R, Cross R over L, 1/4 turn L stepping L forward (3:00)
4&5	Step R forward, Pivot 1/2 turn L & step on L, Make 1/4 L Stepping R to R (12:00)

4&5 Step R forward, Pivot 1/2 turn L & step on L, Make 1/4 L S 6&7 Step L behind R, Step R to R, Cross L over R,

8&1 Run diagonal R. L, R Lunge forward (1:30)

Sect 2: ☐ Recover, Back Back, Behind Side Cross, Diagonal Run Run, Forward Mambo ☐ [10:30]

2&3 Recover back on L, R Back, L Back sweeping R from front to back (1:30)

4&5 Step R behind L, Step L to L, Cross R over L (12:00)

6&7 Run diagonal L, R, L (10:30)

Rock R forward (8), Recover on L(&), [*Restart here on Wall 4] Step back on R(1)

Sect 3:□Sailor Step, Coaster Step, Cross Rock, 1/4 L, Sway [9:00]

2&3 Step L behind R, R in place, Step L to L (square off -12:00)

4&5 Step back on R, L close to R, Step R forward

6&7 Cross L over R, Recover on R, Make 1/4 L & Step L forward (9:00)

8 Sway R to R

Sect 4: ☐NC Basic L 1/4R, Cross Diagonal Back Back, Behind Side Cross, Forward Touch [9:00]

1-2&3 Long step L to L, Close R behind L, Cross L over R, 1/4 turn R stepping R forward (12:00)

4&5 Cross L over R, Step L diagonal back on R (10:30), L back
6&7 Step R behind L, Step L to L (square off), Cross R over L (9:00)

8& Step L forward, Touch R toe next to L (weigh on L)

Repeat & Enjoy!

Contact Choreographer: beaverct@gmail.com for music and query

Last Revision: 19 Jan 2016□