

Hinges

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Gary Lafferty (UK) - January 2016
音乐: Hinges On the Door - Amber Digby : (amazon)



GRAPEVINE TO RIGHT; LEFT TOE FANS

- 1-2 Step to Right on Right foot, cross-step Left foot behind Right
- 3-4 Step to Right on Right foot, step Left foot beside Right (weight stays on Right foot)
- 5-6 Fan toes of Left foot to Left side, fan toes of Left foot back to centre
- 7-8 Fan toes of Left foot to Left side, fan toes of Left foot back to centre

GRAPEVINE TO LEFT with TOUCH; HEEL HOOKS

- 1-2 Step to Left on Left foot, cross-step Right foot behind Left
- 3-4 Step to Left on Left foot, touch Right foot beside Left
- 5-6 Touch Right heel forward, hook Right foot across Left ankle
- 7-8 Touch Right heel forward, hook Right foot across Left ankle

RIGHT LOCK-STEP FORWARD, BRUSH; LEFT LOCK-STEP FORWARD, BRUSH

- 1-2 Step forward on Right foot, lock-step Left foot behind Right (or just step it beside Right)
- 3-4 Step forward on Right foot, brush Left foot forward
- 5-6 Step forward on Left foot, lock-step Right foot behind Left (or just step it beside Left)
- 7-8 Step forward on Left foot, brush Right foot forward

RIGHT MAMBO FORWARD, HOLD; BEHIND, ¼ TURN, CROSS, HOLD

- 1-2 Rock forward on Right foot, recover weight back onto Left foot
- 3-4 Step back on Right foot, hold
- 5-6 Step back on Left foot, turn ¼ Right stepping Right foot out to Right side
- 7-8 Cross-step Left foot over Right, hold

START AGAIN

No Tags, No Restarts, Big Finish!

Last Update - 17th Jan. 2016