For Yesterday

拍数: 32

级数: Intermediate

编舞者: Ayu Permana (INA) - January 2016

音乐: Yesterday When I Was Young - Dusty Springfield

Start on vocal (No Tag No Restart)

SECTION 1. BACK - FORWARD - SIDE - RECOVER - CROSS - ¼ TURN - FORWARD - ½ TURN (09.00)

- Step R backward Step L forward Step/rock R to right side Recover on L 1 - 2 - 3 - 4
- 5 6 7 8Cross R over L – Turn ¼ right on R (3) – Step L forward – Turn ½ left, stepping back on R (9)

SECTION 2. BACK - FORWARD - BACK - RECOVER - FORWARD - CROSS - 1/2 TURN - SIDE (03.00)

- 1 2 3 4Step L backward – Step R slightly forward – Step/rock L backward – Recover on R
- 5 6 7 8Step L forward – Cross R over L – Turn 1/2 right on L (3) – Step R to right side

SECTION 3. TOGETHER - (RIGHT & LEFT) SIDE, RECOVER, CROSS - SIDE (03.00)

- Step L next to R 1
- 2 3 4Step/rock R to right side – Recover on L – Cross R over L
- 5 6 7Step/rock L to left side – Recover on R – Cross L over R
- Step R to right side 8

SECTION 4. TOGETHER - FORWARD - CROSS - SPIRAL ¾ TURN - BACK - FORWARD - ¼ TURN (09.00)

- 1 2 3 4Step L next to R – Step R forward – Cross L over R, prepare making ³/₄ turn right – Continue turning $\frac{3}{4}$ right on L (12)
- Step R backward Step L slightly forward Step R forward Turn ¼ left, transferring weight 5 - 6 - 7 - 8to L (9)

REPEAT

Enjoy and happy dancing ...

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