South Side Shake



编舞者: Judy McDonald (CAN) - January 2016 音乐: South Side - Thomas Rhett: (iTunes)



Start with lyrics.

L side rock, recover, L ball cross, ball cross

1 2&3&4 Rock L to side (1), recover on R (2), step L slightly behind right (&), step R across left (3),

step L behind right (&) step R across left (4) ...you are travelling left

L step side, bump hips

5 6 7 8 Step L to side and bump hip (5, 6, 7, 8)

R side rock, recover, R ball cross, ball cross

1 2&3&4 Rock R to side (1), recover on L (2), step R slightly behind left (&), step L across right (3),

step R behind left (&) step L across right (4) ... you are travelling right

R step side, bump hips

5 6 7 8 Step R to side and bump hip (5, 6, 7, 8)

EASY Restart happens here on wall 6 (facing 6 o'clock)

1/4 turn L coaster, R heel ball change

1&2 3&4 Make a ¼ turn L and step L back (1), step R beside left (&), step L forward (2), touch R heel

forward (3), step R back (&), step L in place (4) ...now facing 9 o'clock

R strut forward with hip bumps, L strut forward with hip bumps

5 6 7 8 Touch R toe forward and bump hip (5), step R in place (6), touch L toe forward and bump hip

(7), step L in place (8)

R rocking chair, R step forward, pivot ¼ turn L step, R step across

1&2&3&4 Rock R forward (1), recover on L (&), rock R back (2), recover on L (&), step R forward (3),

pivot ¼ L step (&), step R across left (4) ...now facing 6 o'clock

L step side, hip roll ending with weight on right

5 6 7 8 Step L to side (5), roll hips or bump (6, 7, 8) ...end with weight on R

There's a lot of room to play on the hip bumps so be creative and...

... Have Fun Shaking Your South Side!