

# Alive Again

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Mario Elliott (USA) - February 2016  
音乐: Adventure of a Lifetime - Coldplay



---

## Section 1: Kicks (x2), side touch, hitch 1/4 R, walk (x4)

1&2&3&4      Kick RF, Set RF next to LF, Kick LF, Set LF next to RF, point RF to R, 1/4 R while lifting R knee  
5&6&7&8      Step RF fwd, Step LF fwd, Step RF fwd, Step LF fwd

## Section 2: step, 1/2 turn L, slide together, coaster cross, hold, cross, side rock,

1&2&3&4      Step RF fwd, (can hip roll) 1/2 turn L, (roll hips if you wish) slide LF to RF, step LF back, step RF next to LF, cross LF over RF  
5&6&7&8      hold, step RF R slightly, step LF R, step RF R, rock Weight R, Rock weight back to LF

## Section 3: Behind Side Cross, 1/2 unwind, coaster, toe, heel

1&2&3&4      Step RF behind LF, Step LF L, Cross RF over LF, hold, 1/2 unwind L, lean back  
5&6&7&8      Step LF back, Step RF next to LF, Step LF fwd, Rock fwd on LF & tap R toe, ball, Rock back and touch L heel

## Section 4: Wizards (x2), kicks, steps, body roll

1&2&3&4      Step RF Diagonal R, step LF behind RF, step RF fwd, step LF diagonal, step RF behind LF,  
&5&6&7&8      Step LF fwd, Kick RF fwd, Step RF in place, Step LF fwd, Body roll (from head to toe) or hold for two counts, weight centered

**\*\*Restart is 24 counts into the 9th wall**

Contact: [marioenzox85@live.com](mailto:marioenzox85@live.com)

---