Me and Machado



编舞者: Lesley Miller (UK) & Pedro Machado (UK) - December 2015

音乐: Me & My Shadow by Jive Bunny Triple Tracker



#1second intro

Section 1:□□4 Step holds with upper body sways

12345678 Step RF to R corner, hold, Replace LF, hold, Repeat

Section 2: □ □ 2 walks & hold towards R corner, coaster RF, hold

12345678 Step RF forward to R corner, hold, Step LF forward to R corner, hold, Step back on RF, Step

together LF, Step forward RF, hold

Section 3: □2 Points, Sailor ¼ turn left

12345678 Point LF to R corner, hold, Point LF to L back corner, hold

"Ending: 8th wall after 2nd point in Section 3 coaster on LF turning left to face front, Finish with a drop onto RF" Sweep LF and step behind RF, replace RF, step LF to L corner, (now facing left corner)

Section 4: □2 step locks and step, kick(joey)

12345678 Step RF forward, lock LF behind RF, Step RF forward, Step LF forward, lock RF behind LF,

Step LF forward, Large step forward RF, Kick LF to L side

Section 5: □2 sailor crosses with kicks

12345678 Step LF behind RF, Step RF to the side, cross LF in front of RF, kick RF to side, Step RF

behind LF, Step LF to the side, cross RF in front of LF, kick LF to side, (all facing L corner)

Restart (2) adding step on LF across RF (&) 1/8 turn R

Section 6: □2 Jazz boxes on LF turning L

12345678 Cross LF over RF, Step back on RF, Step LF 1/8 turn L, Step forward RF, Cross LF over RF,

Step back on RF, Step LF 1/2 turn L, Step forward RF (to face next wall)

Section 7: □4 Step points

12345678 Step forward LF, Point RF to R side, Step forward RF, Point LF to L side, Step forward LF,

Point RF to R side, Step forward RF, Point LF to L side

"Restart (1) adding step on LF across RF (&)"

Section 8:□Full unwind to R, Step, hold, rock, replace

12345678 Cross LF over R, fully unwind to the R, Long step LF to L, hold, rock RF backwards, replace LF

There are 2 Restarts:

- (1) wall 3 at end of Section 7 adding a step (&)
- (2) wall 6 at end of Section 5 adding a step (&)

Ending: 9th wall after 2nd point in Section 3 coaster on LF turning left to face front, Finish with a drop onto RF "Ta Da"

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