

# Messing Up My Mind

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Ann Robb (UK) & Alex Robb (UK) - February 2016  
音乐: Up All Night - Charlie Puth : (Album: Nine Track Mind - iTunes)



Start on Vocals - 16 count intro

**Sec 1. □Side, Behind, 1/4 Turn R, Step, 1/2 Turn R, 1/4 Turn R, Behind, Rock, Recover, Cross, 1/4 Turn L, Step, Together**

- 1.            Step R a long step to R side
- 2&3        Step L behind R, Turn 1/4 R stepping fwd on R, Step fwd on L
- 4&5        Pivot 1/2 turn R ( weight on R), Turn 1/4 R stepping L to L side, Step R behind L
- 6&7        Rock L to L side, Recover on R, Cross L over R
- 8&        Turn 1/4 L stepping back on R, Step L beside R

**Sec 2. □Step Back, Sweep, R Coaster Step, Prissy Walks L & R, 1/2 Turn R, 1/4 Turn R, Cross**

- 1,2        Step back on R, Sweep L from front to back stepping down on L
- 3&4        Step back on R, Step L beside R, Step fwd on R
- 5,6        Walk fwd on L crossing L over R slightly, Walk fwd on R crossing R over L slightly
- 7&8        Turn 1/2 R stepping back on L, Turn 1/4 R stepping R to R side, Cross L over R

**Sec 3. □Side, Cross Rock, Side Rock, Step Back, 1/4 Turn R, 1/4 Turn R, Behind, Side, Cross**

- 1            Step R a long step to R side
- 2&3&4      Cross Rock L over R, Recover on R, Rock L to L side, Recover on R, Step back on L
- 5,6        Turn 1/4 R stepping fwd on R, Turn 1/4 R stepping L to L side
- 7&8        Step R behind L, Step L to L side, Cross R over L

**Sec 4. □Sway L & R, Behind 1/4 Turn R, Step, Side, Together, Fwd, Side, Together, Back, □Touch**

- 1,2        Sway L, Sway R
- 3&4        Step L behind R, Turn 1/4 R stepping fwd on R, Step fwd on L
- 5&6        Step R to R side, Step L beside R, Step fwd on R
- 7&8&      Step L to L side, Step R beside L, Step back on L, Touch R next to L

**START AGAIN**

**ENDING: Wall 8: Dance up to and including counts 4&5 of section 1, then a small step change for counts 6&7**

- 6&7        Rock L to L side, Recover on R turning 1/4 R, Step fwd on L □(ending on 12.00 wall)

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