Barboots

COPPER KNOB

拍数: 32

墙数: 2

级数: Novice

编舞者: Gabi Ibáñez (ES) & Paqui Monroy (ES) - January 2016

音乐: I'm Trying to Do My Best - Red Beard



[1-8] TOE, SCUFF, STOMP, STOMP UP, ROCK & CROSS, ROCK & CROSS

- 1 Toe right back
- 2 Scuff right
- 3 Stomp right 4 Stomp Up le
- 4 Stomp Up left 5 Rock left to the left
- & Recover weight to right
- 6 Cross left over right
- 7 Rock right to the right
- & Recover weight to left
- 8 Cross right over left

* At the 5th wall, here there is a Taglet / RESTART, change the CROSS (count 8) by a STOMP UP.

[9-16] TOE, SCUFF, STOMP, STOMP UP, ROCK & CROSS, ROCK & CROSS

- 9 Toe left back
- 10 Scuff left
- 11 Stomp left
- 12 Stomp Up righ
- 13 Rock right to the right
- & Recover weight to left
- 14 Cross right over left
- 15 Rock left to the left
- & Recover weight right
- 16 Cross left over right
- * At the 11th wall, here there is a RESTART

[17-24] ROCK & STEP, COASTER STEP, SHUFFLE ½ TURN, ROCK STEP

- 17 Rock right forward
- & Recover weight to left
- 18 Step right back
- 19 Step left back
- & Step right back beside left
- 20 Step left forward
- 21 ¹⁄₄ turn to left leaving right to the right
- & Step left beside right
- 22 ¹/₄ turn to left leaving right back (6h)
- 23 Rock left back
- 24 Recover weight to right

[25-32] SHUFFLE ½ TURN, SCOOT ¼, SCOOT ¼ , STEP, STOMP, STEP STOMP

- 25 ¹⁄₄ turn to right leaving left to the left
- & Step right beside left
- 26 ¼ turn to right leaving left back (12h)
- 27 Scoot left with ¼ to the right (3h)
- 28 Scoot left with ¼ to the right (6h)
- 29 Step right back
- 30 Stomp left back beside right

- 31 Step right forward
- 32 Stomp left forward beside right

ENJOY!

This song needs 2 RESTARTS:

At the 5th wall, we only do the first 8 counts but change the Cross by a Stomp UP and we start again

At the 11th wall, we only do the first 16 counts and we start again.

Contact ~ e-mail: ibaezmonroy@yahoo.es tel: (0034) 646 34 88 48 - facebook: Gabi Ibañez Molto i Paqui Monroy