Dancing on The Tables

拍数: 32

级数: High Improver

编舞者: Martie Papendorf (SA) - February 2016

音乐: Dans op die Tafels - Kurt Darren

** With thanks to my friend and fellow instructor Letitia Hall Kotze for suggesting the music for a dance.

NO Tags Or Restarts Start 32 counts from start of vocals on lyrics: "Klim van jou voete af kom maak 'n plan" S1 RIGHT, TOGETHER, CROSS SHUFFLE, SIDE, KICK, BEHIND, SIDE, CROSS Step R to right side, Step L next to R, 1,2 3&4 Step R across L, Step L to left side, Step R across L, 5.6 Step L back to face right diagonal, Kick R to right diagonal, Optional styling: When kicking to right diagonal [count 6] throw both arms in the air. Note: During the song Kurt sings "Sit jou hande in die lug" 4x. Translated as "Put your hands in the air". It happens on count 6 of sec. 1. during walls 2, 6, 10 and 11. If preferred "Throwing hands in the air" can only be added during those walls. 7&8 Cross R behind L. Step L to left side to face up to 12.00. Step R across L [12.00] S2 ROCK FWD, BACK ¼ LEFT, FWD ¼ LEFT, CLOSE ½ LEFT, FWD ½ LEFT, ROCK FWD, RECOVER, &, STEP, SCUFF 1.2 Rock L fwd, Recover R back making a 1/4 turn left, [9.00] 3&4 Step L fwd making a 1/4 turn left [6.00], Step R next to L making a 1/2 turn left [12.00], Step L fwd making a ¹/₂ turn left, [6.00] *As as easier option replace counts 1,2,3&4 with the following: *ROCK FWD, BACK, SHUFFLE ½ LEFT *1,2 Rock L fwd, Recover R back, *3&4 Step L to left side making a ¼ turn left [9.00], Step R next to L, Step L fwd making a ¼ turn left, [6.00] Rock R fwd, Recover L back, 5.6 &7,8 Step R next to L, Step L fwd, Scuff R next to L [6.00] S3: CROSS, SIDE, BEHIND, SIDE, CROSS, ROCK LEFT, RECOVER, CROSS SHUFFLE 1,2 Step R across L, Step L to left side, 3&4 Cross R behind L, Step L to left side, Step R across L, Rock L to left side, Recover R to right side, 5,6 7&8 Step L across R, Step R to right side, Step L across R [6.00] S4 BACK ¼ LEFT, SWEEP, COASTER STEP, JAZZ BOX CROSS ½ RIGHT 1,2 Step R back making a 1/4 turn left, Touch L heel fwd, [3.00] 3&4 Sweep and step L back, Step R next to L, Step L fwd 5.6 Step R across L, Step L back making a 1/4 turn right, [6.00] 7,8 Step R to right side making a ¼ turn right, Step L across R [9.00]

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墙数:4