

Zakia

拍数: 96 墙数: 2 级数: Phrased Improver
编舞者: Maya Sofia (INA) - February 2016
音乐: Zakia by Achmad Albar



Intro 88 Count

Sequence of dace: A-A TAG-B-B-A(24)-A-A-TAG-B

A (64 COUNT)

A1: (SLOW CHASSE, HOLD)X2

1-4 Step R to side, Step L next to R, Step R to side, Hold

5-8 Step L to side, Step R next to L, Step L to side, Hold

A2: (CROSS SHUFFLE) X2:

1-4 Cross R over L (10.30), Step L next to R, Step R forward (10.30), Hold

5-8 Cross L over R (1.30), Step R next to L, Step L forward (1.30), Hold

A3: (FULL TURN, HITCH) X2

1-4 Step R to side (12.00), ½ turn to R step L next to R (06.00), ½ turn to R step R to side (12.00), Hitch L

5-8 Step L to side, ½ turn to L step R next to L (6.00), ½ turn to L step L to side (12.00), Hitch R

A4: (CROSS BEHIND, SIDE TOUCH) x2, SIDE STEP, SWAY, SWAY, SWAY

1-4 Cross R behind L, Touch L toe to side, Cross L behind R, Touch R toe to side

5-8 Step R to side, Swal L-R-L

A5: (PIVOT 1/8) X4

1-4 Step R diagonally forward (1.30). 1/8 turn to L recover on L (12.00), sTep R forward, 1/8 turn to L recover on L (10.30)

5-8 Repeat 1-4 (6.00)

A6: (JAZZ BOX, FORWARD WITH ¼ TURN & SWEEP) X2

1-4 Cross R over L, Step L backward, Step R to side, Step L forward with ¼ turn to L sweep R from back to front (3.00)

5-8 Repeat 1-4 (12.00)

A7: PIVOT ½, FORWARD, FORWARD, (SIDE STEP, HOLD) X2

1-4 Step R forward, ½ turn to L step L forward, Walk R, L (6.00)

5-8 Step R to side, Hold, Step L to side, Hold

A8: (¼ TURNFORWARD SHUFFLE) X2

1-4 ¼ Turn to R step R forward (9.00), Step L next to R, Step R forward, Hold

5-8 ¼ Turn to R step L forward (12.00), Step R next to L, Step L forward, Hold

B (32 COUNT)

B1: CROSS OVER, TOUCH DIAGONALLY FORWARD, HIP DROP 6X

1-2 Cross R over L, Touch L toe diagonally forward (10.30)

3-8 Drop R hip to R (6x)

B2: (FORWARD, HOLD)X4 WITH SHIMMY SHOULDER

1-4 Step L forward, Hold, Step R forward, Hold

5-8 ¼ Turn to L repeat 1-4 (9.00)

B3: (TOGETHER, STEP IN PLACE, TRIPLE STEP IN PLACE)

- 1-2 Step L next to R, Step R in place
- 3&4 Triple step in place stepping L, R, L
- 5-6 ¼ Turn to L Step R in place, Step L in place
- 7&8 Triple step in place stepping R, L, R

B4: SIDE TOUCH, HOLD, HITCH, STEP BESIDE, SIDE TOUCH, HOLD, HITCH, TOUCH BESIDE

- 1-4 Touch L toe to side, Hold, Hitch L, Step L next to R
- 5-8 Touch R toe to side, Hold, Hitch R, Touch R toe next to L

Begin again

TAG (16 COUNT)

- 1-4 Step R next to L, Hold, Step L in place, Hold
- 5-8 Step in place stepping R, L, R, L

- 9-16 Repeat 1-8

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