Take It All



拍数: 32 墙数: 4 级数: Improver

编舞者: Edwin P Napitu (NL) - February 2016

音乐: Take It All - Sawyer Fredericks



quick start after he sings My.....

SIDE/STOMP, BEHIND, SIDE, CROSS & HEEL, & CROSS SHUFFLE, 1/4 TURN L/STEP, FULL TURN L/UNWIND

1	Step/stomp R to right	side
---	-----------------------	------

2&3&4& Cross L behind R, step R to right side, cross L over R, step ball of R to right side, touch L

heel diagonal left forward, step L back to place

5 & 6 Cross R over L, step L to left side, cross R over L

7 – 8& ¼ turn left/step L forward, step R forward pivot ½ turn left□, ½ turn left

BACK, COASTER STEP, ROCKING CHAIR, PADDLE 1/2 TURN L, PADDLE 1/4 TURN L, CROSS ROCK

Step R back

2 & 3 Step L back, step R next to L, step L forward

4&5& Rock R forward, recover on L, rock R back, recover on L

6&7& Step R forward, paddle ½ turn left, step R forward, paddle ¼ turn left

8& Cross R over L, recover on L

SIDE, BACK ROCK, SIDE, BACK ROCK, CHASSE 1/4 TURN R, ROCK STEP, BACK

1 – 2&	Step R to right side, rock L behind R, recover on R
3 – 4&	Step L to left side, rock R behind L, recover on L
5 & 6	Step R to right side, step L next to R, ¼ turn left stepping forward on R
7 & 8	Rock L forward, recover on R, step L back

COASTER CROSS, SIDE ROCK CROSS, ROCK STEP ½ TURN R, STEP LOCK STEP

1 & 2	Step R back, step L next to R, cross R over L
3 & 4	Rock L to left side, recover on R, cross L over R
5 & 6	Rock R forward, recover on L, ½ turn right stepping forward on R
7 & 8	Step L forward, lock R behind L, step L forward

Restart : During 4th wall (after count 16&)

EPN-20202016/superindo2013@gmail.com Just dance & Have Fun!

^{*} Restart : during 4th wall(03:00)