

拍数: 64

墙数: 2

级数: Intermediate

编舞者: Adam Åstmar (SWE) - February 2016

音乐: Salute - Little Mix



Sequence: 64 - 32 - 64 - 64 - 32 - 64 - 64 - TAG - 32 - 64 - 64 INCL. ENDING Intro: 32 counts from after the trumpet has been played and the drums kick in

Sect - 1 STEP, SWIVEL, SIDE, HITCH SLAP, SIDE, FLICK SLAP, SIDE

- 1 2 Step R forward, swivel R heel to the right
- 3 4 Swivel R heel back in place, step R to the right
- 5 6 Hitch L knee slightly across R and slap R hand on it, step L to the left
- 7 8 Flick R behind L and touch with left hand, step R to the right

Sect - 2: SWIVEL X2, CHASSE 1 / 4 TURN, FLICK 1 / 2 TURN

- 1 2 Swivel R toe to the right and L heel to the left, swivel both back in place
- 3 4 Swivel L toe to the left and R heel to the right, swivel both back in place
- 5 6 Step R to the right, step L next to R
- 7 8 Turn 1 / 4 to the right stepping R forward, turn 1 / 2 to the right flicking L back (9:00)

Sect - 3: SHUFFLE, SCUFF, ROCK, RECOVER, BACK, HITCH HOP

- 1 2 Step L forward, step R next to L
- 3 4 Step L forward, scuff R forward
- 5 6 Rock R forward, recover to L
- 7 8 Step R back, hitch L knee forward and jump slightly back

Sect - 4: DIAGONAL STEP BACK, SWIVEL, SIDE, TOUCH, 1 / 4 TURN STEP, SCUFF

- 1 2 Step L diagonally back and turn body to the diagonal aswell, swivel R toe to the left (7:30)
- 3 4 Swivel R heel to the left, swivel R toe to the left so that R is next to L
- 5 6 Turn 1 / 8 to the right stepping R to the right, touch L next to R (9:00)
- 7 8 Turn 1 / 4 to the left stepping L forward, scuff R forward (6:00)

Restart comes here at walls 2, 5 & 8

Sect - 5: SIDE STEPS WITH BODY ROLL X3, 1 / 4 TURN STEP, SIDE

- 1 2 Step R diagonally forward while body rolling to the right, bring L closer to R
- 3 4 Step L diagonally forward while body rolling to the left, bring R closer to L
- 5 6 Repeat steps from count: 1 2
- 7 8 Turn 1 / 4 to the left stepping L slightly forward, step R to the right (3:00)

Sect - 6: CROSS POINT, SIDE, CROSS POINT, SIDE, VAUDEVILLE STEP

- 1 2 Cross point L over R, step L to the left
- 3 4 Cross point R over L, step R to the right
- 5 6 Cross L over R, step R slightly diagonal back
- 7 8 Touch L heel diagonally forward to the left, step L next to R

Sect – 7: VAUDEVILLE STEP, STEP 1 / 2 TURN, 1 / 2 TURN STEP, HOLD

- 1 2 Cross R over L, step L slightly diagonal back
- 3 4 Touch R heel diagonally forward to the right, step R next to L
- 5 6 Step L forward, turn 1 / 2 to the right (9:00)
- 7 8 Turn 1 / 2 to the right stepping L back, hold (3:00)

Sect – 8: SAILOR 1 / 4 STEP, HOLD, CROSS POINT, POINT, CROSS, POINT

1 - 2 Sweep R behind L, turn 1 / 4 to the right stepping L next to R (6:00)

- 3 4 Step R to the right, hold
- 5 6 Cross point L over R, point L to the left
- 7 8 Cross L over R, point R to the right

TAG STEP, HOLD, TOGETHER, HOLD, SALUTE HAND (EXPLAINED BELOW)

- 1 2 Step R forward, hold
- 3 4 Step L next to R, hold
- 5 6 Bring R hand up to your forehead as you would do a salute gesture, hold
- 7 8 Bring out R hand slightly diagonally forward, hold

Ending Keep going to step 7 in Section 8. The do the following:

8 - 1 Hold, Step R next to L and bring R hand up to your forehead as you did in the tag

Have fun!

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