The Bonnie, (aka Ability To Swing)



拍数: 32 编数: 2 级数: Intermediate

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音乐: Ability to Swing - Patti Austin



#64 count intro (Suggestion; Snap fingers and move upper body to beat of music)
Or come from back of room doing toe struts w/snapping fingers to your dance line spot.

Tag is done at the end of walls 1 (facing 6:00), 2 and 4 (both facing 12:00) TAG: &1&2 - Step R to right, step L next to R 2X (hopping motions w/side body rolls)

S1: STEP, STEP, TRAVELING RIGHT KICK BALL STEPS X2, KICK BALL CROSS

| 1 – 2 | Step R forward, Step L forward |
|-------|---|
| 3&4 | Kick R, Step R to right, Step L next to R |
| 5&6 | Kick R, Step R to right, Step L next to R |
| 7&8 | Kick R, Step R to right, Cross L over R |

S2: SIDE ROCK RECOVER, CROSS SHUFFLE, 3/4 TURN RIGHT, L FWD SHUFFLE

| OZ. OIDE ROOK RECOVER, OROGO OHOLLE, 74 LORIN RIGHT, ET WD OHOLLE | |
|---|--|
| | |
| s right over left | |
| to right [9:00] | |
| | |
| 3 | |

S3: BONNIE STEPS (HEEL HOOKS W/HEEL/TOE SWIVELS) 3X, SIDE HOP

| 1 – 2 | Touch R heel forward, as you hook R foot over left, swivel L heel to right |
|-------|--|
| 3 – 4 | Touch R heel forward, as you hook R foot over left, swivel L toe to right, |
| 5 – 6 | Touch R heel forward, as you hook R foot over left, swivel L heel to right |
| &7-8 | Step R to right, step L next to R, Hold (hopping motion W/side body roll) |

S4: BACK, BACK, TRIPLE 1/2 TURN RIGHT, KICK BALL CROSS, 3/4 TURN LEFT W/HEEL TAPS

| 54: BACK, BACK, TRIPLE 12 TURN RIGHT, NICK BALL CRUSS, 14 TURN LEFT WITH | | |
|--|--|--|
| 1 – 2 | Step R back, Step L back | |
| 3&4 | Step R fwd as you turn ½ right, step L next to R, step R in place [3:00] | |
| 5&6 | Kick L, Step L next to right, Cross R over left | |
| 7 – 8 | As you turn ¾ to left, tap heels twice, finish with weight on L [6:00] | |

REPEAT

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** Dedicated To Bonnie Roberts (J. M. Roberts, Author Of The Book "Ability To Swing", Her First Published Book. **