

# Heart of Rock & Roll

**COPPER** **KNOB**  
BY STEPHEN

拍数: 32                      墙数: 4                      级数: Easy Intermediate  
编舞者: Amy Christian (USA) & Jane Boyd (USA) - March 2016  
音乐: The Heart of Rock and Roll - Huey Lewis & The News



Sequence: 32 intro, 32, Tag 1, 32, 32, Tag 2, 32, Tag 1, 32, 32, Tag 2, 32, 32, 32, Tag 1, 32... until the end.

## **KICKBALL CHANGE, KICK, KICK, R COASTER, KICK, KICK,**

1&2                      R Kickball Change,  
3-4                      Kick R across L, Kick R to right side,  
5&6                      R Coaster Step,  
7-8                      Kick L across R, Kick L to left side,

## **L COASTER, STEP, PIVOT ½, ¼ JAZZ BOX CROSS,**

1&2                      L Coaster Step,  
3-4                      Step fwd on R, Pivot ½ turn left, stepping fwd on L, [6:00]  
5-8                      ¼ Jazz Box Cross, (Cross R over L, ¼ turn left, stepping L back, Step R to side, Cross L over R)[9:00]

## **BIG STEP SIDE, DRAG L, L COASTER, TOE STRUT, TOE STRUT,**

1-2                      Big step to right side on R, Dragging L towards R,  
3&4                      L Coaster Step,  
5-8                      R Toe Strut, L Toe Strut, (Shimmy shoulders)

## **STEP, PIVOT ¼, STEP, PIVOT ¼, ROCKING CHAIR,**

1-4                      Step fwd on R, Pivot ¼ left on L [6:00], Step fwd on R, Pivot ¼ left on L, [3:00]  
5-8                      Rocking Chair (Rock fwd on R, Recover back on L, Rock Back on R, Recover on L),

## **TAG 1 – 2 Counts – AFTER WALL 1, WALL 4 (Done facing 3:00) & AFTER WALL 9 (Done facing 9:00)**

1-2                      Step R out to right side and BUMP RIGHT(1), BUMP L (Weight ends on L),

## **TAG 2 – 16 Counts (“HEART BEATS”) AFTER WALL 3 & WALL 6. (Begin tag facing 9:00 wall, both times).**

### **STEP, HOLD, BALL, STEP, SCUFF, STEP, HOLD, BALL, STEP, SCUFF,**

1-2                      Step R fwd, Hold, [9:00]  
&3-4                      Step on ball of L - next to R, Step fwd on R, Scuff L heel,  
5-6                      Step L fwd, Hold,  
&7-8                      Step on ball of R - next to L, Step fwd on L, Scuff R heel, start turning right, [11:00]

### **¼ STEP, HOLD, BALL, STEP, SCUFF, STEP, HOLD, BALL, STEP, TOUCH,**

1-2                      ¼ Turn right, Step fwd on R [12:00], Hold,  
&3-4                      Step on ball of L - next to R, Step fwd on R, Scuff L heel,  
5-6                      Step L fwd, Hold,  
&7-8                      Step on ball of R - next to L, Step fwd on L, TOUCH R next to L [12:00]

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