Breakaway

拍数: 32

级数: Beginner

编舞者: Lorna Cairns (SCO) - March 2016

音乐: Don't Tell Me What to Do - Pam Tillis

SEC 1) LEFT LOCK STEP, SCUFF, RIGHT LOCK STEP, SCUFF

- Step forward on left, lock right behind left 1-2
- 3-4 Step forward on left, scuff right foot forward
- 5-6 Step forward on right, lock left behind right
- 7-8 Step forward on right, scuff left foot forward

SEC 2) STEP, SCUFF, STEP SCUFF, RUN BACK L,R,L, TOUCH

- Step forward on to left, scuff right foot forward 1-2
- 3-4 Step forward on to right, scuff left foot forward
- 5-6 (Running) Step back on to left, step back on to right
- 7-8 (Running) Step back on to left, touch right beside left

SEC 3) MONTEREY 1/4 TURN RIGHT, JAZZ BOX 1/4 TURN RIGHT

- 1-2 Point right to right side, make 1/4 turn stepping right to step next to left
- 3-4 Point left to left side, step left next to right
- 5-6 Cross right over left, step back on left making 1/4 turn right
- 7-8 Step right to right side, step left beside right

SEC 4) FORWARD ROCK, REC, SIDE ROCK, REC, BEHIND, SIDE, CROSS, HOLD

- Rock forward on right, recover on to left 1-2
- 3-4 Rock to the side on right, recover on to left
- 5-6 Step right behind left, step left to left side
- 7-8 Cross right over left, hold





墙数:2