Goldmine

COPPER KNOB

拍数: 32

墙数:2

级数: Beginner

编舞者: Micaela Svensson Erlandsson (SWE) - October 2015

音乐: Goldmine - George Fox



intro 16 counts Dedicated to my husband, Mikael Erlandsson, alias LD Crazy Mike Section 1: Kick. Kick. Coaster Step. Kick. Kick. Coaster Step. 1-2 Kick right forward. Kick right forward. 3&4 Step back on right. Step left beside right. Step forward on right. 5-6 Kick left forward. Kick left forward. Step back on left. Step right beside left. Step forward on left. 7&8 Section 2: Step. 1/2 Turn left. Step. Together. Modified Knee Pop x 2. 1-2 Step forward on right. Turn 1/2 left. 3-4 Step forward on right. Step left beside right. 5 Push both knees forward and out by lifting the heels off floor. 6 Straighten knees and take heels back to the floor. 7 Push both knees forward and out by lifting the heels off floor. 8 Straighten knees and take heels back to the floor. Section 3: Right Chasse. Heel. Hook. Heel. Left Chasse. Heel. Hook. Heel. 1&2 Step right to right. Close left beside right. Step right to right. 3&4 Touch left heel forward. Hook left over right. Touch left heel forward. 5&6 Step left to left. Close right beside left. Step left to left. 7&8 Touch right heel forward. Hook right over left. Touch right heel forward. Section 4: V-Steps. Step. 1/2 Turn left. Step. 1/2 turn left. 1-2 Step forward widely on right. Step forward widely on left. 3-4 Step back on right. Step left beside right. 5-8 Step forward on right. Turn 1/2 left. Step forward on right. Turn 1/2 left.

Easy Option: Replace step Turns (5-8) with Rocking chair.

Styling: Wave Good Bye when they sing Good bye when you do the knee pops.