Be Happy Now

COPPER KNOB

拍数: 32

墙数: 4 级数: Beginner

编舞者: Roy Verdonk (NL) & Sebastiaan Holtland (NL) - March 2016

音乐: Don't Worry Be Happy - The Overtones : (CD: Saturday Night At The Movies Christmas Edtion 2013 - iTunes & other mp3 sites - 3:18)

Introduction: 16 counts beat intro after the flute part, start on approx. 14 sec. :: with No Tags or Restarts

Part I. 1-8: Side Toe Strut R, Cross Toe Strut L, Lindy R, Back Rock / Recover.

- 1-4 Step R to R on toes, Put R heel down, Step L across R on toes, Put L heel down.
- 5&6 Step R to R, Step L beside R, step R to R.
- 7-8 Step L back, Recover back onto R.

PART II. 9-16: Weave Left, Lindy L, Back Rock / Recover.

- 1-4 Step L to L, Step R behind L, Step L to L, Step R across L.
- 5&6 Step L to L, Step R beside L, step L to L.
- 7-8 Step R back, Recover back onto L.

PART III. 17-24: Side, Touch, Point L, Touch, Rolling Vine L with Drag R.

- 1-4 Step R to R, Touch L next to R, Point L out to L, Touch L next to R.
- 5-8 Making ¼ turn L (9) step L forward, Making ½ turn L (3) step R back, Making ¼ turn L (12) step L to L drag R next to L.

PART IV. 25-32: Jazz Box with 1/4 Turn R, Rocking Chair R.

- 1-4 Step R across L, Making ¹/₄ turn R (3) step L back, Step R to R, Step L forward.
- 5-8 Step R forward, Recover back onto L, Step R back, Recover back onto L.

REPEAT DANCE AND HAVE FUN!!

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