The Wonder Years



拍数: 64 墙数: 4 级数: Improver 编舞者: Gaye Teather (UK) - March 2016 音乐: The Wonder Years - Dave Sheriff: (CD: The Wonder Years - iTunes & Amazon) #16 count intro - Dance rotates in CCW direction S1: Right Rocking chair. Right lock step forward. Brush Rock forward on Right. Recover onto Left. Rock back on Right. Recover onto Left 1 - 45 - 8Step forward on Right. Lock Left behind Right. Step forward on Right. Brush Left foot forward S2: Left Rocking chair. Step. Pivot quarter turn Right. Cross. Hold 1 - 4Rock forward on Left. Recover onto Right. Rock back on Left. Recover onto Right 5 - 8Step forward on Left. Pivot quarter turn Right. Cross Left over Right. Hold (Facing 3 o'clock) S3: Side. Touch/Clap. Side. Touch/clap. Side. Together. Forward. Hold Step Right to Right side. Touch Left beside Right & clap Step Left to Left side. Touch Right beside Left & clap 3 - 45 - 8Step Right to Right side. Step Left beside Right. Step forward on Right. Hold S4: Side. Touch/clap. Side. Touch/clap. Side. Together. Back. Kick 1 - 2Step Left to Left side. Touch Right beside Left & clap 3 - 4Step Right to Right side. Touch Left beside Right & clap 5 - 8Step Left to Left side. Step Right beside Left. Step back on Left. Kick Right foot forward S5: Back, Kick, Back, Kick, Coaster step, Hold 1 - 4Step back on Right. Kick Left foot forward. Step back on Left. Kick Right foot forward 5 - 8Step back on Right. Step Left beside Right. Step forward on Right. Hold S6: Step. Pivot half turn Right. Step. Hold. Step. Pivot quarter turn Left. Cross. Hold 1 - 4Step forward on Left. Pivot half turn Right. Step forward on Left. Hold 5 - 8Step forward on Right. Pivot quarter turn Left. Cross Right over Left. Hold (Facing 6 o'clock) S7: Side toe strut. Cross toe strut. Side Left. Quarter turn Right. Step forward. Hold 1 - 4Step Left toe to Left side. Drop Left heel to floor. Cross Right toe over Left. Drop Right heel to 5 - 8Step Left to Left side. Quarter turn Right placing weight onto Right. Step forward on Left. Hold (Facing 9 o'clock) S8: Diagonal steps out. Out. In. In. Stomp forward. Heel bounces x 4 1 - 2Step Right diagonally forward Right. Step Left diagonally forward Left 3 - 4Step Right back to centre. Step Left beside Right 5 - 8Stomp Right foot forward (keeping weight on Left). Raise and lower Right heel 4 times

Styling note: Sweep Right hand forward and out in a circular motion to Right whilst bouncing Right heel

Start again

(as if you were scattering seed!!!)