

Cant Stop Dancing

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Beginner
编舞者: William Sevone (UK) - April 2016
音乐: I Haven't Stopped Dancing Yet - Gonzalez : (iTunes/Amazon)



Choreographers note:- This dance is ideal for those established Beginners about to move to the next level. Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.
Dance starts on the vocals with weight on the left

Jazz Box. Cross Shuffle. 3x Side Rock (12:00)

- 1 - 2 Cross right over left. Step backward onto left.
- 3 Step right to right side.
- 4& 5 Cross left over right, step right to right side, cross left over right.
- 6 Rock right to right side.
- 7 - 8 Rock onto left. Recover onto right .

Jazz Box. Cross Shuffle. 3x Side Rock (12:00)

- 9 - 10 Cross left over right. Step backward onto right.
- 11 Step left to left side.
- 12& 13 Cross right over left, step left to left side, cross step right over left.
- 14 Rock left to left side.
- 15 - 16 Rock onto right. Recover onto left.

RESTART: □ Wall 12 – with the end of the Instrumental break – restart dance from Count 1

3x 1/2-Hold with Finger Clicks, Rock Back. Recover (6:00)

- 17 - 18 Turn 1/2 left & step right to right side (6). Hold - click fingers at shoulder height.
- 19 - 20 Turn 1/2 right & step left to left side (12). Hold - click fingers at shoulder height.
- 21 - 22 Turn 1/2 left & step right to right side (6). Hold - click fingers at shoulder height.
- 23 - 24 Rock backward onto left. Recover onto right.

Alternative: □ Count 19 – Turn 1/2 left & step left to left side (12)

1/4 Fwd Shuffle. 1/4 Rock. Recover. Cross. Side. 1/2 Rock. Recover (6:00)

- 25& 26 Turn 1/4 left (3) & shuffle forward stepping L.R-L.
- 27 - 28 Turn 1/4 left (12) & rock right to right side. Recover onto left.
- 29 - 30 Cross right over left. Step left to left side.
- 31 - 32 Turn 1/2 right & rock right to right side. Recover onto left.

The dance will finish on Wall 16 facing 12 (Home Wall) – but as the song repeats the Chorus from Wall during Walls 15 and 16 the music (and dance) can really be faded out at the end of the 14th Wall (2 walls from the Restart).