# Zumba La Pera



拍数: 64 墙数: 1 级数: Intermediate

编舞者: Roosamekto Mamek (INA) - April 2016

音乐: Menea La Pera - BIP



#### Intro: 64 Counts

## S1: JAZZ BOX, DIAGONAL FORWARD, TOUCH

1-4 Cross R over L – Step L back – Step R to side – Step L forward

5-8 Step R diagonal forward – Touch L beside R – Step L diagonal forward – Touch R beside L

### S2: DIAGONAL BACK, TOUCH, SIDE, BEHIND, CROSS, BACK

1-4 Step R diagonal back – Touch L beside R – Step L diagonal back – Touch R beside L

5-8 Step R to side – Step L behind R – Cross R over L – Step L back

# S3: TURN 1/2 RIGHT, FORWARD, PIVOT TURN 1/2 RIGHT, FORWARD, ROCK FORWARD, RECOVER, BACK, KICK

1-4 Turn ½ right step R forward – Step L forward – Turn ½ right – Step L forward

5-8 Rock R forward – Recover on L – Step R back – Kick L forward

### S4: ROCK BACK, RECOVER, TOGETHER, KICK

Rock L back – Recover on R – Step L together – Kick R forward
Rock R back – Recover on L – Step R together – Kick L forward

#### S5: SIDE, TOGETHER, SIDE, TOUCH

Step L to side – Step R together – Step L to side – Touch R beside L
Step R to side – Step L together – Step R to side – Touch L beside R

Note: Please use hips during these: side, together, side, touch steps)

#### S6: V STEP WITH 1/4 TURN LEFT (2X)

Turn ¼ left step L forward – Step R to side – Step L back to center – Step R beside L
Turn ¼ left step L forward – Step R to side – Step L back to center – Step R beside L

# S7: SIDE, TOGETHER, SIDE, TOUCH, FORWARD WITH TURN 1/4 RIGHT. FORWARD, SIDE STEP WITH TURN 1/4 RIGHT, HOLD

1-4 Step L to side – Step R together – Step L to side – Touch R beside L

5-8 Turn ¼ right step R forward – Step L forward – Turn ¼ right step R to side – Hold

#### S8: JAZZ BOX CROSS, SIDE ROCK, RECOVER, TOGETHER, HOLD

1-4 Cross L over R – Step R back – Step L to side – Cross R over L

5-8 Rock L to side – Recover on R – Step L together – Hold

#### **RESTART**

#### TAG: End of wall 3 & 5. Do this 16 counts TAG.

# SAMBA SIDE STEP, SYNCOPATED SIDE, TOGETHER, SIDE WITH A SAMBA RHYTHM

Step R to side – Rock L behind R – Step R in place
a4 Step L to side – Rock R behind L – Step L in place

5 a6 a7 a8 Step R to side – Step L together – Step R to side – Step L together – Step R to side – Step L

together - Step R to side

#### SAMBA SIDE STEP, SYNCOPATED SIDE, TOGETHER, SIDE WITH A SAMBA RHYTHM

Step L to side – Rock R behind L – Step L in place
a4 Step R to side – Rock L behind R – Step R in place

5 a6 a7 a8 Step L to side – Step R together – Step L to side – Step R together – Step L to side – Step R together – Step L to side

Contact: Roosamekto.Nugroho@gmail.com