

Ping Pong

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Improver
编舞者: Norman Gifford (USA) - April 2016
音乐: Ping pong - Patrizia Ceccarelli : (iTunes)



Music:- Danced in half-time

Composers : Patrizia Ceccarelli, Davide Budelacci, Fosco Foschini
C&P Galletti-Boston srl - Italy Played by Patrizia Ceccarelli Band

(Charleston steps, ¼ turning coaster-step)

1-4 Right toe touch forward; right step back; left toe touch back; left step forward
5-6 Right toe touch forward; right step back
7&8 Left sweep behind turning ¼ left; right together; left step forward [9:00]

(Lock-step forward, mambo-back, two toe-heel struts back, coaster-cross)

1&2 Right step forward; left lock behind right; right step forward
3&4 Left rock forward; right replace back; left step back
5&6& Right toe touch back; drop heel; left toe touch back; drop heel
7&8 Right step back; left together; right crossover

(Step side turning ½ right, step side, kick-ball-step, rock-step, ½ turning triple-step)

1-2 Left step side turning ½ right; right step side [3:00]
3&4 Left kick forward; left together; right step forward
5-6 Left rock forward; right replace back
7&8 Triple-step turning ½ left (LRL) [9:00]

(Forward mambo-step, circular never-ending vine, rock-step, step forward)

1&2 Right rock forward; left replace; right step slightly back
3&4 Left sweep behind; right step side; left step forward
5&6 Right crossover; left step side; right step back
7&8 Left rock back; right replace; left step forward

BEGIN AGAIN

Contact: nlgifford@yahoo.com