

Rockin' The Arizona Light Rail

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Pat Newell (USA) - April 2016
音乐: Baby Likes to Rock It - The Tractors



Alternate music: (contemporary) Trip the Light (feat. Alcia Lemke) Garry Schyman

Senior Dancing Series

LEARNING: Rocking chair, triple steps, pivot, weave

NO TAGS, NO RESTARTS

ROCKING CHAIR, TRIPLE, ROCK RECOVER

1-4 Rock forward on R, recover on L, back on R, recover on L
5&6-7,8 Triple to R, (RLR) rock back on L, recover on R

ROCKING CHAIR, TRIPLE, ROCK RECOVER

1-4 Rock forward on L, recover on R, back on L, recover on R
5&6-7,8 Triple to L (LRL) rock back on R, recover on L

RIGHT VINE, TRIPLE TO ¼ RIGHT, ROCK RECOVER TRIPLE ½ LEFT

1,2 3&4 Step R to R, L behind R, triple RLR, turning ¼ Right □ 3:00
5,6 7&8 Rock fwd on L, recover on R, triple LRL to ½ wall Left 9:00

PIVOT ¼ LEFT, WEAVE

1-4 Step forward on R, turn ¼ left on L, step R across L, step L to side 6:00
5-8 Step R behind L, step L to side, step R across L, step L to side.

Begin Again

DANCE FOR THE HEALTH OF IT
