

I Love Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Roy Verdonk (NL), Sebastiaan Holtland (NL) & Eleni de Kok (NL) - April 2016
音乐: I Love Me - Meghan Trainor & LunchMoney Lewis : (CD: Album Thank You DeLuxe)



Introduction: 24 counts, start at the word "ME" on approx; 15 sec.

Part I: 1/4 Turn R, Step, Scuff With 1/2 Turn R, Step Back L, Coaster R, Syncopated Locksteps.

- 1&2 Making ¼ turn R (3) stepping Rf forward, Making ½ turn R (9) scuffing L next to R, Lf step back
3&4 R step back, Step L together R, Step R forward.
5&6& Step L forward, Lock R behind L, Step L forward, Step R forward.
7&8 Lock L behind R, Step R forward, Step L forward.
(NB counts 5 to 8 are done on the diagonals)

Part II: Step Forward R, Touch L behind, Step Back L, 1/2 Shuffle Turn R, Syncopated Walks Forward L, R, Touch L Heel To Diagonal, Behind, Side, Hitch L.

- 1&2 Step R forward, Touch L behind Rf, Step L back.
3&4 Making ¼ turn R (12) stepping R to R, Step L together, Making ¼ turn R (3) stepping Rf forward.
5&6 Step L forward, Rf step forward, Touch L heel to L diagonal.
7&8 Cross L behind R, Step R to R, Hitch L knee up in front of R.

Part III: Step Touches With Claps Diagonally Back L / R, Step Back Diagonally L, Toe Touches, Step Back R, Heel Forward L, Recover, Scuff R With 1/4 Turn L, Heel/Toe/Heel Twist.

- 1& Step L back on diagonal L, Touch R next to L and clap hands.
2& Step R back on diagonal R, Touch L next to R and clap hands.
3&4 Step L back on L diagonal, Touch R next to L, Touch R toes diagonal forward R.
5&6 Step R back, Touch L heel forward, Step L back in place.
&7&8 Scuff R next to L Making ¼ turn left (12) swivel both heels to R, Swivel both toes to R, Swivel both heels to R.

Part IV: Side Toe Strut L, Cross Toe Strut R, Side, Cross, Back, Rock Back R, Recover L, Step Forward R, ¼ Turn L With Touch.

- 1& Step L to L on toes, Put L heel down,
2& Step R across L on toes, Put R heel down.
3&4 Step L to L, Cross R in front of L, Step L back.
5-6 Step R back, recover back onto L.
7&8 Rf step forward, Making ¼ turn left (9) recovering weight onto Lf, Touch R next to L.

REPEAT DANCE AND HAVE FUN!!

Dance Edit, email: royverdonkdancers@gmail.com / smoothdancer79@hotmail.com / elenitsasou@hotmail.com