Watch Me Do



编舞者: Eleni de Kok (NL), Daniel Trepat (NL) & Roy Verdonk (NL) - April 2016

音乐: Watch Me Do - Meghan Trainor



Intro: ☐ 16 counts from first beat in music (approx. 11 sec into track)

[1 – 8]□Swivels R With Slide Together L, Sailor L, Syncopated Weave With R, Sweep R, Hitch R□	
1 – 2	R to R side and turn toes out (1), turn R heel out (2) □ 12:00
3&4	Turn R toes out (3), Turn R heel out (&), Turn R toes out (4) (on counts 3&4 slide L towards $R)\Box 12.00$
5&6	Cross L behind R (5), Step R to R side (&), Step L to L side (6) ☐ 12:00
&7&8	Cross R behind L (&), Step L to L side and sweep R from side to front (7), Hitch R knee (8) \square 12:00
[9 – 16]□Jazzbox R, Out/Out On Heels, In/In, Big Step Forward R, Step Forward L□	
1 – 4	Cross R over L (1), Step L back (2), Step R to R side (3), Step L forward (4) □12:00
5&6&	Step on R heel out (5), Step on L heel out (&), Step R back (6), Step L back (&) □ 12:00
7 – 8	A big step R forward (7), Step L forward (8)□12:00
[17 – 24]□Step Forward R With 1/4 Turn L, Cross, Side, Syncopated Weave With R , Sweep L, Cross Behind□	
1 – 4	Step R forward (1), $\frac{1}{4}$ turn L stepping L to L side (2), Cross R over L (3), Step L to L (4) \square 9:00
5&6&	Cross R behind L (5), Step L to L (&), Cross R over L (6), Step L to L (&) □9:00
7 – 8	Cross R behind L & sweep L from front to back (7), Cross L behind R (8) □ 9:00
[25 – 32]□Slides In A Box, Syncopated Sailor Steps R /L With 1/2 Turn L, Hitch□	
1 – 2	¼ turn R sliding R forward (1), ¼ turn R sliding L back (2) □3:00
3 – 4	¼ turn R sliding R forward (3), ¼ turn R stepping L to L side (4) □ 9:00
5&6&	Cross R behind L (5), Step L to L side (&), Step R to R side (6), Step L behind R (&)□9:00
7 & 8	¼ turn L stepping R to R side (7), Step L forward (&), ¼ turn L hitching R Knee (8)□3:00
Tag : 8 count Tag after the 7th wall [1-8]□Slide With Hitch (4X)□	
1 – 4	Slide R to R side (1), Hitch L knee (2), Slide L to L side (3), Hitch R knee (4)
5 – 8	Slide R to R side (5), Hitch L knee (6), Slide L to L side (7), Hitch R knee (8)

HAVE FUN AND WE ARE LOOKING TO DANCE WITH YOU AGAIN!