Come On Down



编舞者: Brenda Little - April 2016 音乐: Come on Down - High Valley



(Also Works Well With 'Rude By The Group Magic' But Will Be A slower dance. See note at bottom for count in, restart and variations)

On wall 4, step in place for 8 counts then Restart dance

Count in 8, start dancing when percussion starts

FORWARD SHUFFLE RIGHT, SHUFFLE LEFT, SHUFFLE RIGHT, SHUFFLE LEFT

1&2	Step forward Right foot, step Left foot to Right heel, step Right foot forward
3&4	Step forward Left foot, step Right foot to Left heel, step Left foot forward
5&6	Step forward Right foot, step Left foot to Right heel, step Right foot forward
7&8	Step forward Left foot, step Right foot to Left heel, step Left foot forward

BACKWARD SHUFFLE RIGHT, SHUFFLE LEFT, SHUFFLE RIGHT, SHUFFLE LEFT

1&2	Step back on Right foot, step Left foot to Right toe, step Right foot back
3&4	Step back on Left foot, step Right foot to Left toe, step Left foot back
5&6	Step back on Right foot, step Left foot to Right toe, step Right foot back
7&8	Step back on Left foot, step Right foot to Left toe, step Left foot back

MAMBO RIGHT, MAMBO LEFT, MAMBO RIGHT, MAMBO LEFT

MAMBO RIGHT, MAMBO LEFT, MAMBO RIGHT, MAMBO LEFT		
1&2	Step side Right foot, lift Left foot and replace it back down on same place, step Right foot back next to Left	
3&4	Step side Left foot, lift Right foot and replace it back down on same place, step Left foot back next to Right	
5&6	Step side Right foot, lift Left foot and replace it back down on same place, step Right foot back next to Left	
7&8	Step side Left foot, lift Right foot and replace it back down on same place, step Left foot back next to Right	

WALK FORWARD RIGHT, LEFT, RIGHT, LEFT

1	Walk forward Right foot
2	Walk forward Left foot
3	Walk forward Right foot
4	Walk forward Left foot

1/4 TURN LEFT ON RIGHT FOOT, STEP IN PLACE LEFT, RIGHT, LEFT

1	Step ¼ turn Left with Right foot
2	Step in place Left foot

3 Step in place Right foot 4 Step in place Left foot

RESTART DANCE

On wall 4 continue stepping in place (may stylize using sways, hip burns etc.) for 8 counts then Restart.

Note: If dancing to RUDE, it will be a slower dance, count in 16 then start dancing with the start of the percussion.

On Wall 3, continue stepping in place (sway, hip bums etc) 8 counts then Restart dance. As this tune has a reggae beat, it lends itself easily to stylizing for example adding a Left full turn on count 3 4 of the WALK section or WALKING with attitude so please have fun with it!

