Nobody's Perfect

拍数: 64

级数: Intermediate

编舞者: Ria Vos (NL) & Kate Sala (UK) - May 2016

音乐: Runnin Out of Love - Medina : (Album: We Survive)

Intro: 32 Counts	
#1: Rock Fwd, Shuffle Back, Rock Back, Big Step Fwd, Drag, Ball-Step	
1-2	Rock Fwd R, Recover on L
3&4	Shuffle Back Stepping R-L-R
5-6	Rock Back on L, Recover on R
7-8	Big Step Fwd on L, Drag R Towards L
&1	Step on Ball of R Next to L, Step Fwd on L
•	ck, & Touch, & Touch, Monterey ¼ Turn R, Point L & R
2-3	Cross R Over L, Step Back on L
&4	Small Step Back to R Diagonal on R, Touch L Next to R
&5	Small Step Back to L Diagonal on L, Touch R Next to L
6-7	Point R to R Side, ¼ Turn R Step R Next to L
8&1	Point L to L Side, Step L Next to R, Point R to R Side
#3: Hitch, Touch, ¼ R, ¼ R Side, Behind, ¼ L, Step Fwd	
2-3	Hitch R Across L, Touch R to R Side
4-5	¼ Turn R Step Fwd on R, ¼ Turn R Step L to L Side
6-7	Cross R Behind L, ¼ Turn L Step Fwd on L
8	Step Fwd on R
#4: Pivot ¾ Turn L, Side, Behind, Side, Shoulder L-R, Dip Down, Recover	
1-2	Pivot ¾ Turn L, Step R to R Side
3-4	Step L Behind R, Step R to R Side
5-6	Roll L Shoulder from Fwd-Up-Back, Roll R Shoulder Fwd-Up-Back
7-8	Dip Down with L Knee Inwards, Come Up Straighten Knee (weight on L)
#5: Cross, Hold, ¼ R, ¼ R, Point L, ¼ L Rock Fwd, Recover, Step, ¼ L Sweep	
1-2	Cross R Over L, Hold
&3-4	¼ Turn R Step Back on L, ¼ Turn R Step R to R Side, Point L to L Side
5-6	¼ Turn L Press Fwd on L, Recover on R
7-8	Step Fwd on L, Sweep R Around Turning ¼ L
#6: Cross-Back-Back, Back-Side-Cross, Point R, Step Fwd, Point L, Step Fwd	
1&2	Cross R Over L, Small Step Back on L, Small Step Back on R
3&4	Step Back on L, Step R to R Side, Cross L Over R
5-6	Point R to R Side, Step Fwd on R
7-8	Point L to L Side, Step Fwd on L
#7: Sway R-L, Chasse R, ¼ L Sway L-R, Chasse L	
1-2	Step and Sway R to R Side, Sway L
3&4	Step R to R Side, Step L Next to R, Step R to R Side
5-6	¹ ⁄ ₄ Turn L Step and Sway L to L Side, Sway R
7&8	Step L to L Side, Step R Next to L, Step L to L Side
#8: Cross-Back-Back, Back-Side-Cross, Point R, Step Fwd, Point L, Step Fwd	
1&2	Cross R Over L, Small Step Back on L, Small Step Back on R
3&4	Step Back on L, Step R to R Side, Cross L Over R
5-6	Point R to R Side, Step Fwd on R
7-8	Point L to L Side, Step Fwd on L
Special thanks go out to Franck Boucheraud from Club Route 45 for finding us the music.	



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