We're all Cowboys

拍数: 32

级数: Beginner

编舞者: Susi Beszon - April 2016

音乐: We're All Cowboys - Gord Bamford

Motion: Cha Cha

Intro: 32 Counts

Restart: In Round 5 after 28 Counts (Jazz Box)

[1-8] Cross Rock, Chasse R, Cross Rock, Chasse L

- 1-2 Cross R over L, Recover on L
- 3&4 Step R to right, Step L next to R, Step R to right
- 5,6 Cross L over R, Recover on R
- 7&8 Step L to left, Step R next to L, Step L to left

[9-16] Rock Back, Step Lock Step, Step 1/2 Turn, Shuffle

- 1,2 Rock Back on R, Recover on L
- 3&4 Step R forward, Step L behind R, Step R forward
- 5,6 Step L forward, ¹/₂ Turn over right Shoulder (facing 6 o'clock)
- 7&8 Step L forward, Step R next to L, Step L forward

[17-24] Rocking Chair, Step 1/2 Turn, Step 1/2 Turn

- 1,2 Step R forward with Weight, Recover on L
- 3,4 Step R back with Weight, Recover on L
- 5,6 Step R forward, ¹/₂ Turn over left Shoulder (facing 12 o´clock)
- 7,8 Step R forward, ¹/₂ Turn over left Shoulder (facing 6 o´clock)

[25-32] Jazz Box with Cross, Chasse R, Rock Back, Hold, Clap

- 1,2 Cross R over L, Step L back
- 3,4 Step R to right, Cross L over R

RESTART here in Round 5

- 5&6 Step R to right, Step L next to R, Step R to right
- 7&8 Step L back with Weight, Hold, Clap Hands

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Last Update - 27th May 2016





墙数: 2