## MGNO



**拍数:** 32

**编舞者:** Rep Ghazali (SCO) - May 2016

**墙数:**4

音乐: Mgno - Russell Dickerson

#16 count intro from first heavy beat and start on main vocal (10sec) Music Available on download from iTunes and Amazon.co.uk [01-08] SKATE R & L, R FWD MAMBO, BACK L-BACK R, L COASTER STEP	
1-2	skate forward Right, skate forward Left
3&4	rock forward Right, recover on Left, step back Right (Left toe fan out as you step back on Right)
5-6	step back Left (Right toe fan out as you step back on Left), step back Right (Left toe fan out as you step back on Right)
7&8	step back Left, step Right together, step forward Left (12)
[09-16] R TAP-R TAP, R BALL STEP SCUFF R, R ROCK FWD-L RECOVER, R TRIPLE ¾ TURN R	
1-2	tap Right toe beside Left twice
&3-4	step Right together, step forward Left, scuff forward on Right
5-6	rock forward Right, recover on Left
7&8	triple ¾ turn Right by stepping Right-Left-Right (9)
Restart: 5th wall	

级数: Improver

### [17-24] L CROSS-HOLD, L BALL CROSS-L BALL CROSS, TOE SIDE SWITCHES, R FWD-1/2 PIVOT

- 1-2 cross Left over Right, hold
- &3&4 step Right to Right, cross Left over Right, step Right to Right, cross Left over Right,
- 5&6 point Right toe to Right side, step Right together, point Left toe to Left side
- &7-8 step Left together, step forward Right, ½ pivot turn Left (3)

#### [25-32] R FULL TURN L, R SHUFFLE FWD, L SYNCOPTED JAZZ BOX

1-2 <sup>1</sup>/<sub>2</sub> turn Left by stepping back Right, <sup>1</sup>/<sub>2</sub> turn Left by stepping forward Left (3)

#### Non turner: walk forward Right-Left

- 3&4 step forward Right, step Left together, step forward Right
- 5-6 cross Left over Right, step back Right
- &7-8 step Left to Left side, step forward Right, step forward Left (3)

# Restart: 5th Wall - dance up to count 16 and change weight to Left on count & and Restart facing 9 o'clock wall